



DENNIS M. COLLINS
Executive Director

*P.O. Box 16679
Cleveland, OH 44116
Phone (440) 871-8100
Fax (440) 871-4221
ncac@northcoast.org
www.northcoast.org*

ALLEGHENY COLLEGE ★ DENISON UNIVERSITY ★ EARLHAM COLLEGE ★ HIRAM COLLEGE ★ KENYON COLLEGE ★ OBERLIN COLLEGE
★ OHIO WESLEYAN UNIVERSITY ★ WABASH COLLEGE ★ WITTENBERG UNIVERSITY ★ COLLEGE OF WOOSTER

NCAC Field Hockey Special

**For Immediate Release
November 21, 2003**

**ALL-NCAC FIELD HOCKEY SQUAD ANNOUNCED;
ALDRED, LANCASTER, BROWN & HEATON COLLECT TOP HONORS**

CLEVELAND -- Earlham senior midfielder **Rebecca Aldred (Glen Mills, PA/West Nottingham)** and Denison junior midfielder **Karen Lancaster (Hurst, TX/L.D. Bell)** have been named co-Offensive Players of the Year and Wooster junior back **Elayne Brown (West Armagh, Northern Ireland/Lurgan College)** has been named Defensive Player of the Year to highlight the 2003 All-North Coast Athletic Conference field hockey selections.

Aldred and Lancaster were the only two active players named to the NCAC 20th anniversary team earlier this fall. The two midfielders responded to the honor by elevating their play to an even higher level of success.

Aldred, the 2001 Offensive Player of the Year, led all NCAC scorers in 2003 with 10 goals and 10 assists for 30 points over 16 games (1.88 ppg). The senior finishes her four-year career with 28 goals and 18 assists for 74 points over 66 games (1.12 ppg). She has three consecutive appearances on the All-NCAC first team after beginning her career as an honorable mention selection as a freshman in 2000.

Lancaster earned Player of the Year honors as a sophomore last fall. She makes her third straight appearance on the All-NCAC first team after being named the conference's Newcomer of the Year as a freshman in 2001. This season, Lancaster scored six goals and added five assists to help lead Denison to its second-straight NCAC tournament appearance.

Brown recorded two defensive saves and helped the Fighting Scots reach the championship game of the NCAC tournament for the second straight year. Wooster allowed the second fewest goals in NCAC play (13) and the second fewest overall (26) of any of the league's seven teams. She also contributed on the other end of the field with three goals and five assists.

Joining Lancaster from the Big Red on the first team are: sophomore forward **Jenny Lacey (Phoenix, MD/Notre Dame Prep)** and senior back **Courtney Cordero (Easton, MD/St. Andrew's, DE)**. This is the second appearance for Lacey on the All-NCAC first team. She earned her first nod last fall, when she was named Newcomer of the Year after being the only freshman named to the first team. Cordero returns to the first team for the third time, after earning second-team honors in 2002.

Other repeat first-team selections from last season are Wooster seniors **Katie McCoy (Lancaster, PA/Manheim Township)** and **Julia Tryder (Lincoln, MA/Lincoln-Sudbury)** and Wittenberg juniors **Jen Meyer (Solon, OH/Hathaway Brown)** and **Blair Ufer (Ann Arbor, MI/Pioneer)**.

Heaton is the 2003 Newcomer of the Year as one of only two freshman named to the first team. She finished third in Division III with 16 defensive saves, while her .941 average per game was good for second. She helped anchor the stingy Yeowomen defense which allowed the fewest goals in NCAC play (10) and the fewest goals overall (21) of any of the league's seven teams.

Wittenberg's **Marianne Beshara** was voted Coach of the Year by her peers. Beshara led the Tigers to their sixth North Coast championship and their second straight NCAC tournament title. She is 58-21 in her four seasons at Wittenberg.

2003 ALL-NCAC FIELD HOCKEY

CLEVELAND -- The following performers have earned All-North Coast Athletic Conference honors for the 2003 season through balloting by the NCAC field hockey coaches.

FIRST TEAM

Forward	School	Yr.	G	A	PPG	Hometown/High School
Katie Barrett	Wittenberg	Fr.	11	2	1.20	Powell, OH/Watterson
Jenny Lacey +	Denison	So.	11	1	1.28	Phoenix, MD/Notre Dame Prep
Alanna Tryder ^	Wooster	Sr.	9	5	1.15	Lincoln, Ma/Lincoln-Sudbury Reg.
Midfield						
Rebecca Aldred ~\$+	Earlham	Sr.	10	10	1.88	Glen Mills, PA/W. Nottingham
Jaime Johnson <^	Oberlin	Jr.	1	2	0.24	Cleveland Hts., OH/Laurel School
Karen Lancaster \$+	Denison	Jr.	6	5	0.95	Hurst, TX/L.D. Bell
Katie McCoy <+	Wooster	Sr.	2	6	0.48	Lancaster, PA/Manheim Township
Blair Ufer +	Wittenberg	Jr.	7	9	1.15	Ann Arbor, MI/Pioneer
Back						
Elayne Brown	Wooster	Jr.	3	5	0.58	W. Armagh, N. Ireland/Lurgan College
Courtney Cordero *\$^	Denison	Sr.	3	0	0.35	Easton, MD/St. Andrew's (DE)
Sarah Heaton	Oberlin	Fr.	0	0	0.00	Parkton, Md/Hereford
Julia Tryder @+	Wooster	Sr.	3	5	0.55	Lincoln, MA/Lincoln-Sudbury Reg.
Goalkeeper						
Jen Meyer +	Wittenberg	Jr.	GA 28	SV 137	SV% .830	Solon, OH/Hathaway Brown

Offensive Player of the Year: Rebecca Aldred, Earlham; Karen Lancaster, Denison

Defensive Player of the Year: Elayne Brown, Wooster

Newcomer of the Year: Sarah Heaton, Oberlin

Coach of the Year: Marianne Beshara, Wittenberg

SECOND TEAM

Forward	School	Yr.	G	A	PPG	Hometown/High School
Liz Aragona	Kenyon	Jr.	11	6	1.65	Bronxville, NY/Bronxville
Kate Danaher	Denison	Sr.	4	3	0.69	Grosse Point, MI/University Liggett
Logan Fitzpatrick	Earlham	Sr.	9	3	1.31	Franconia, NH/Profile
Lindsey Tingley ^	Wooster	So.	8	5	1.00	Rockville, MD/Walter Johnson
Julia Wickham	Wittenberg	So.	3	5	0.55	Columbus, OH/Grandview
Midfield						
Angela Arnold &	Wooster	Jr.	2	2	0.29	Columbus, OH/Tos. Worthington
Carrie Happ	Wittenberg	Jr.	0	4	0.20	Pittsburgh, PA/Vincentian
Annie Huntoon	Kenyon	Sr.	5	0	0.59	Wenham, MA/Groton School
Galen McLean	Earlham	Jr.	0	0	0.00	Hopkinton, NH/Hopkinton
Back						
Melanie Boss	Wittenberg	Jr.	0	0	0.00	Dayton, OH/Kettering Fairmont
Kate Flinner	Kenyon	So.	0	0	0.00	Fairfield, PA/Fairfield
Rosemary Mudry	Oberlin	So.	3	3	0.53	University Hts., OH/Laurel School
Goalkeeper						
Tamar Chalker ^	Kenyon	Sr.	GA 38	SV 130	SV% .774	West Lebanon, NH/Deerfield Acad.
Siv Tang	Oberlin	So.	2	129	.860	Maiden, Ma/Maiden

Key: + 1st team 2002; ^ 2nd team 2002; & honorable mention 2002; \$ 1st team 2001; < 2nd team 2001;

@ honorable mention 2001; *1st team 2000; ~honorable mention 2000

2003 ALL-NCAC FIELD HOCKEY

HONORABLE MENTION

Forward	School	Yr.	G	A	PPG	Hometown/High School
Katy Baron	Wooster	Fr.	6	4	0.76	River Forest, IL/Oak Park River Forest
Blair Deckard	Denison	Fr.	5	1	0.61	Oakton, VA/James Madison
Kailynn Kitaji ^	Earlham	Jr.	2	4	0.50	Gilroy, CA/Gilroy
Taneen Legree	Ohio Wesleyan	So.	5	1	0.69	Christiana, PA/Octorura
Maggie Rosen @&	Kenyon	Jr.	2	4	0.47	Bexley, OH/Bexley
Midfield						
Christine Castilla	Oberlin	So.	3	4	0.59	Winnetka, IL/N. Shore Country
Rachel Dunn	Wittenberg	Fr.	1	4	0.32	Pittsburgh, PA/North Allegheny
Meg Reitz ^	Oberlin	So.	4	3	0.69	Worcester, ME/Doherty
Back						
Samantha Krykostas	Oberlin	Fr.	2	1	0.29	Sea Cliff, NY/North Shore
Jamie Laudenslager ^	Ohio Wesleyan	Sr.	0	0	0.00	Lindenhurst, IL/Antioch Community

Key: + 1st team 2002; ^ 2nd team 2002; & honorable mention 2002; \$ 1st team 2001; < 2nd team 2001;
 @ honorable mention 2001; *1st team 2000; ~honorable mention 2000