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ALLEGHENY COLLEGE ★ DENISON UNIVERSITY ★ EARLHAM COLLEGE ★ HIRAM COLLEGE ★ KENYON COLLEGE ★ OBERLIN COLLEGE ★  
OHIO WESLEYAN UNIVERSITY ★ WABASH COLLEGE ★ WITTENBERG UNIVERSITY ★ COLLEGE OF WOOSTER

NCAC Outdoor Track & Field Special

**For Immediate Release**

**OHIO WESLEYAN CLAIMS MEN'S, ALLEGHENY CLAIMS WOMEN'S  
NORTH COAST OUTDOOR TRACK & FIELD TITLES**

**May 5, 2008**

The Ohio Wesleyan men won their fifth team title, and first since 2001, at the NCAC Championships, held at Ohio Wesleyan on May 1-2. The Battling Bishops captured eight first and 12 other top-three finishes to total 236 points and outdistance five-time defending champion Allegheny (150), Wabash (148.5), Oberlin (74) and Wooster (59) in the men's field. The Allegheny women claimed their 13th NCAC crown with 268 points. Defending champion Ohio Wesleyan wound up second with 199 points, followed by Oberlin (134), Wooster (86) and Denison (50). The Gators won 10 events and had 14 other top-three finishes.

The 35th NCAA Division III Championships will take place Thursday through Saturday, May 22-24, at the J.J. Keller Field at Titan Stadium in Oshkosh, WI. Athletes qualify by reaching the automatic and provisional standards established for each event. The spots remaining in the field after the automatic qualifiers are filled from the descending order list of provisional qualifiers on May 18.

**Women's Most Valuable Performers:** Earlham senior **Sara Bohall (Westport, IN/Columbus East)** was named the Sprinter/Hurdler of the Year. Bohall won the 400-meter hurdles (1:02.64) for the fourth straight year, setting a conference record and qualifying provisionally for the NCAA III Championships. She is the first Earlham athlete to win four straight titles in the same event. Bohall also won the 100-meter hurdles for the third time in four years. Oberlin senior **Anna Chernin (Ann Arbor, MI/Ann Arbor Central)** was named the Middle Distance/Distance Runner of the Year after she won the 800 meters (2:17.23) and anchored the winning 4x400-meter relay. Allegheny senior **Liz Earley (Venetia, PA/Peters Township)** was named Field Athlete of the Year after she won the shot put (39-5) and hammer (172-9), and was second in the discus (118-9). Her distance in the hammer smashed the stadium record, set a conference record and was an NCAA Div. III automatic qualifying distance.

**Men's Most Valuable Performers:** Ohio Wesleyan junior **Ryan Ellis (Columbus, OH/Dubin Scioto)** was named Sprinter/Hurdler of the Year after he won the 200 meters (22.33) and 400 meters (49.40), and was part of both of the Battling Bishops' first-place relay teams. Wabash senior **Geoff Lambert (Chesterton, IN/Chesterton)** was named Middle Distance/Distance Runner of the Year as he won the 800 meters in 1:54.16. It was his fourth straight NCAC Outdoor title in the 800. He also anchored the second-place 4x400-meter relay. Ohio Wesleyan sophomore **David Burke (Hudson, OH/Hudson)** was selected Field MVP after he won the long jump (22-2.5), was third in the triple jump (46-3.25) and fifth in the high jump (6-0.5).

**Coach of the Year:** Ohio Wesleyan head coach **Kris Boey** earned men's coach of the year recognition for the first time after leading the Battling Bishops to the men's crown for the first time since 2001. He was named women's coach of the year last season. Allegheny head coach **Bill Ross** was voted women's coach of the year for the seventh time after leading the Gator women to their 13th outdoor title. He was men's coach of the year in 2007.

**2008 NCAC Outdoor Track & Field Championships  
at Ohio Wesleyan May 1-2**

**MEN'S TEAM RESULTS**

1.	OHIO WESLEYAN	236.0
2.	ALLEGHENY	150.0
3.	WABASH	148.5
4.	OBERLIN	74.0
5.	WOOSTER	59.0
6.	WITTENBERG	56.5
7.	DENISON	50.0
8.	EARLHAM	40.0
9.	KENYON	4.0
10.	HIRAM	0.0

**WOMEN'S TEAM RESULTS**

1.	ALLEGHENY	268.0
2.	OHIO WESLEYAN	199.0
3.	OBERLIN	134.0
4.	WOOSTER	86.0
5.	DENISON	50.0
6.	EARLHAM	38.0
7.	WITTENBERG	30.0
8.	KENYON	12.0
9.	HIRAM	2.0

## 2008 NCAC Women's Outdoor Track & Field Championships May 1-2

### 100-METER DASH

12.98 Casey Ridgeway, OWU  
13.02 Rebecca Lendyak, ALL  
13.30 Chisara Nwabara, OBE

### 100-METER HURDLES

15.40 Sara Bohall, ERL  
16.12 Katelynn Riley, WOO  
16.54 Jessica Gratton, ALL

### 200-METER DASH

25.52 Casey Ridgeway, OWU  
26.44 Rebecca Lendyak, ALL  
26.96 Alexandra Mikovich, ALL

### 400-METER DASH

59.32 Ashley Shaffer, OWU  
59.71 Ogechi Nwokedi, ALL  
59.99 Casey Ridgeway, OWU

### 400-METER HURDLES

1:02.64 %# Sara Bohall, ERL  
1:06.20 Madeline Schultz, OBE  
1:07.32 Liz Straus, ALL

### 800-METER RUN

2:17.23 Anna Chernin, OBE  
2:18.36 Rachael Newman, OWU  
2:24.85 Kara Reiter, OWU

### 1500-METER RUN

4:52.20 Katie Stancik, ALL  
4:54.70 Claire Everhart, OWU  
4:56.50 Clara Shaw, OBE

### 3000-METER STEEPLECHASE

12:13.11 Kaitlin Zimmerly, OWU  
12:20.47 Donna Langerfeld, OWU  
12:24.64 Kirby Mosenthal, DEN

### 5000-METER RUN

18:32.06 Joanna Johnson, OBE  
18:56.10 Mia Symoniak, ALL  
19:04.88 Eva Weyers, ALL

### 10,000-METER RUN

40:09.56 Rachel Hutchinson, ALL  
40:14.25 Eva Weyers, ALL  
40:33.36 Mia Symoniak, ALL

### MVP TRACK (SPRINTS/HURDLES)

Sara Bohall, Earlham

### MVP TRACK (MID DISTANCE/DISTANCE)

Anna Chernin, Oberlin

### MVP FIELD

Liz Earley, Allegheny

### COACH OF THE YEAR

Bill Ross, Allegheny

### 400-METER RELAY

50.51 ALLEGHENY

51.70 OBERLIN  
(Gemma-Nwabara-Schultz-Canini )  
52.26 DENISON  
(Alexander-Conley-Putnam-Snyder)

### 1600-METER RELAY

4:02.05 OBERLIN  
(Wagner-Miller-Schultz-Chernin)  
4:05.51 OHIO WESLEYAN  
(Reiter-Newman-Everhart-Shaffer)  
4:07.70 ALLEGHENY

### LONG JUMP

17' 8" Emily Pfeufer, ALL  
16' 3 3/4" Jessica Merrill, OWU  
16' 2 1/2" Chisara Nwabara, OBE

### TRIPLE JUMP

36' 5 1/2" Emily Pfeufer, ALL  
36' 4 3/4" Ashley Shaffer, OWU  
34' 7 1/2" Kayla Miller, WOO

### HIGH JUMP

5' 3 1/4" Liz Straus, ALL  
5' 3 1/4" Emily Pfeufer, ALL  
5' 0 1/4" Ashley Shaffer, OWU

### POLE VAULT

10' 9 1/2" Deysi Villarreal, OBE  
10' 5 1/2" Sarah Sammel, ALL  
9' 9 3/4" Kaitlyn Wesseler, WIT

### SHOT PUT

39' 5" Liz Earley, ALL  
37' 8 1/2" Katie Dale, WOO  
36' 0 1/4" Emily Taylor, DEN

### DISCUS

121' 3" Sharon Rymut, OWU  
118' 9" Liz Earley, ALL  
111' 5" Amy Herrington, OWU

### JAVELIN

123' 10" Emily Pfeuffer, ALL  
114' 2" Ali Drushal, WOO  
103' 8" Mailey Adamsky, OWU

### HAMMER

172' 9" +\$% Liz Earley, ALL  
147' 2" Allison Walker, WIT  
136' 6" Sharon Rymut, OWU

### HEPTATHLON

4388 Emily Pfeuffer, ALL  
4161 Ashley Shaffer, OWU  
4096 Madeline Schultz, OBE

## 2008 NCAC Men's Outdoor Track & Field Championships May 1-2

### 100-METER DASH

11.30 Sean Patrick, OWU  
11.48 Jordon Exeter, OWU  
11.57 Chas Moore-Seymore, ALL

### 110-METER HURDLES

15.49 Emmanuel Aouad, WAB  
15.63 Jack Schemenauer, OWU  
15.77 Steve Brown, OWU

### 200-METER DASH

22.33 Ryan Ellis, OWU  
22.61 Sean Patrick, OWU  
22.87 Jordon Exeter, OWU

### 400-METER DASH

49.40 Ryan Ellis, OWU  
49.52 Bo Braun, ERL  
49.53 Preston Osborn, OWU

### 400-METER HURDLES

54.34# Wes Chamblee, WAB  
54.57 Jack Schemenauer, OWU  
55.17 Emmanuel Aouad, WAB

### 800-METER RUN

1:54.16 Geoff Lambert, WAB  
1:56.90 Craig Ball, ALL  
1:57.86 Ben Pendery, DEN

### 1500-METER RUN

3:55.64 # Ryan Place, ALL  
3:55.86 Tony Dipre, ALL  
4:00.20 Hugh Jackson, WAB

### 3000-METER STEEPLECHASE

9:38.63 Matt Smith, ALL  
9:40.61 Alex Havran, OWU  
9:44.62 David Stefanik, OWU

### 5000-METER RUN

15:26.90 Joel Bendtsen, DEN  
15:30.13 Matt Hoy, ALL  
15:39.05 Ryan Hanson, ALL

### 10,000-METER RUN

32:47.47 Jakeb Zimmerman, ALL  
32:49.69 Ryan Hanson, ALL  
33:06.26 Clay Davis, OWU

### MVP TRACK (SPRINTS/HURDLES)

Ryan Ellis, Ohio Wesleyan

### MVP TRACK (MID DISTANCE/DISTANCE)

Geoff Lambert, Wabash

### MVP FIELD

David Burke, Ohio Wesleyan

### COACH OF THE YEAR

Kris Boey, Ohio Wesleyan

### 400-METER RELAY

42.44 OHIO WESLEYAN  
(Exeter-Ellis-N. Osborn-Patrick)  
44.26 OBERLIN  
(Dennis-Turner-Hartley-Wimberly)  
44.46 WABASH  
(Chamblee-Aouad-Rickard-Rode)

### 1600-METER RELAY

3:20.90 OHIO WESLEYAN  
(Ellis-N. Osborn-Patrick-P. Osborn)  
3:23.69 WABASH  
(Chamblee-Aouad-Dotson-Lambert)  
3:26.44 ALLEGHENY

### LONG JUMP

22' 2 1/2" David Burke, OWU  
21' 11 1/2" Emmanuel Aouad, WAB  
21' 7 1/2" Matt Yurky, ALL

### TRIPLE JUMP

46' 11" # Tristan Jordan, WOO  
46' 6.25" # Eric Dyer, WOO  
46' 3.25" # David Burke, OWU

### HIGH JUMP

6' 2 3/4" John Mathis, WOO  
6' 1 1/2" Wes Chamblee, WAB  
6' 0 1/2" Andrew Rode, WAB  
6' 0 1/2" Erik Larkin, WIT

### POLE VAULT

14' 4 3/4" Robert Trahin, WAB  
14' 4 3/4" Rob Smallman, WAB  
14' 0 3/4" Cory Myers, OBE

### SHOT PUT

49' 11 1/4" Frank Tupta, ALL  
48' 8" Chad Wertman, ERL  
46' 11 3/4" Chris Shaw, ERL

### DISCUS

153' 10" Chris Shaw, ERL  
136' 5" Joshua Steinke, OWU  
135' 2" Joshua Gallagher, OBE

### JAVELIN

171' 11" Alex Havran, OWU  
169' 4" Brent Banach, WAB  
163' 9" Ryan Resides, WIT

### HAMMER

156' 3" % Alex Moseman, WAB  
154' 10" Justin Sparks, WAB  
131' 10" AJ Green, OBE

### DECATHLON

5804 Andrew Bloom, OWU  
5732 Kyle Taljan, OBE  
5306 Peter Sotherland, ALL