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ALLEGHENY COLLEGE ★ DENISON UNIVERSITY ★ EARLHAM COLLEGE ★ HIRAM COLLEGE ★ KENYON COLLEGE ★ OBERLIN COLLEGE  
★ OHIO WESLEYAN UNIVERSITY ★ WABASH COLLEGE ★ WITTENBERG UNIVERSITY ★ COLLEGE OF WOOSTER

**NCAC Cross Country Championships**

**For Immediate Release  
Nov. 2, 2003**

**KENYON MEN, DENISON WOMEN CLAIM NCAC TITLES;  
POOL, HUFNAGEL TAKE INDIVIDUAL HONORS**

**WOOSTER, Ohio** -- Kenyon claimed the men's title while Denison took the women's at the 20th annual North Coast Athletic Conference Championships, held at Wooster Nov. 1. The Lords captured their fourth men's title in the last five years, and the Big Red took their fourth and first since 2000.

In the women's race, Denison defeated defending champion Allegheny by just five points as the Big Red placed three runners in the top five. The Gators finished second on the strength of four top-ten finishers.

Denison senior **Julie Hufnagel (Ann Arbor, MI/Marian)** claimed her third straight First Team All-NCAC honor, winning the five-kilometer race in 18:55. She finished sixth last year and third as a sophomore. She outdistanced Allegheny junior **Leigh Ciofani (McKees Rocks, PA/Montour)** who finished in 19:04 and Big Red freshman **Elaine Binkley (Columbus, OH/Bishop Watterson)** who crossed in third place (19:15).

On the men's side, Kenyon edged defending champion Allegheny by even fewer points - four - despite the fact that the Gators had three runners in the top ten, including the individual winner, **Kevin Pool (New Windsor, MD/Westminster)**. Lord sophomore **Sean Strader (Clayton, OH/Northmont)** finished in sixth place (26:54) to lead a group of five Kenyon runners in the top 15.

Allegheny junior Pool won the eight-kilometer race in 26:12, outpacing second-place **Brendan Callahan (South Glastonbury, CT/Glastonbury)** of Wooster who finished in 26:35. Third place went to Scot junior **Charlie Van Gombos (Pittsburgh, PA/Mt. Lebanon)**, who was one second behind his teammate. Wooster finished third, just six points behind the champion Lords and two behind runner-up Allegheny.

The top seven finishers in each race earn first-team All-NCAC honors. The next seven (places 8 through 14) earn second-team honors and the next seven (places 15 through 21) earn honorable mention.

**2003 Men's Cross Country Championships**

1. Kenyon College ..... 52
2. Allegheny College ..... 56
3. College of Wooster ..... 58
4. Oberlin College ..... 138
5. Denison University ..... 149
6. Wabash College ..... 152
7. Ohio Wesleyan University ..... 153
8. Earlham College ..... 158
9. Hiram College ..... 224
10. Wittenberg University ..... 287

**2003 Women's Cross Country Championships**

1. Denison University ..... 32
2. Allegheny College ..... 37
3. Kenyon College ..... 102
4. College of Wooster ..... 113
5. Ohio Wesleyan ..... 147
6. Oberlin College ..... 179
7. Earlham College ..... 181
8. Wittenberg University ..... 196
9. Hiram College ..... 249

## 2003 ALL-NCAC MEN'S CROSS COUNTRY

**CLEVELAND** -- The following performers earned All-North Coast Athletic Conference honors at the 2003 NCAC Cross Country Championships on Saturday, Nov. 1 at the College of Wooster.

### FIRST TEAM

Name	School	Yr.	PL	TIME	Hometown/High School
Kevin Pool *	Allegheny	Jr.	1	26:12	New Windsor, MD/Westminster
Brendan Callahan +!	Wooster	Sr.	2	26:35	South Glastonbury, CT/Glastonbury
Charlie Van Gombos	Wooster	Jr.	3	26:36	Pittsburgh, PA/Mt. Lebanon
Chris Carrier \$	Allegheny	So.	4	26:39	Lyndhurst, OH/Brush
Adam Greeney *%	Oberlin	Sr.	5	26:39	Amherst, MA/Amherst Regional
Sean Strader	Kenyon	So.	6	26:54	Clayton, OH/Northmont
J. P. Gary *	Earlham	Jr.	7	27:01	Riverside, IL/Riverside-Brookfield

**Runner of the Year:** Kevin Pool, Allegheny

**Newcomer of the Year:** Ryan Weinstock, Kenyon

**Coach of the Year:** Duane Gomez, Kenyon

### SECOND TEAM

Name	School	Yr.	PL	TIME	Hometown/High School
Jeff Conroy #@	Allegheny	Jr.	8	27:02	Pittsburgh, PA/Baldwin
Aaron Emig	Kenyon	Sr.	9	27:05	Kent, OH/Roosevelt
Dan Ruge %	Wabash	Sr.	10	27:11	Chesterton, IN/Chesterton
Andrew Sisson \$%^	Kenyon	Sr.	11	27:11	Granville, OH/Granville
Tyler Newman	Kenyon	Jr.	12	27:12	Newton, MA/Newton North
Matthew Linman	Wooster	Jr.	13	27:16	West Linn, OR/West Linn
Ryan Weinstock	Kenyon	Fr.	14	27:19	Lake Bluff, IL/Lake Forest

### HONORABLE MENTION

Name	School	Yr.	PL	TIME	Hometown/High School
Travis Grout	Oberlin	Fr.	15	27:39	Jefferson, OH/Jefferson Area
John Wells \$	Denison	Sr.	16	27:41	Howard, OH/East Knox
Taylor Delhagen	Wooster	So.	17	27:47	Pultneyville, NY/Williamson Central
Ben Mourer	Allegheny	Fr.	18	27:53	Chicora, PA/Karns City
Clark Paciorek	Denison	Fr.	19	27:54	Novi, MI/Northville
Alex Scally \$	Oberlin	Sr.	20	28:03	Baltimore, MD/Polytechnic Institute
Matt Kempton	Ohio Wesleyan	Fr.	21	28:12	Fredericktown, OH/Fredericktown

**Key:** #1st team 2002, \* 2nd team 2002, \$ honorable mention 2002, ! 1st team 2001, @ 2nd team 2001, % honorable mention 2001, + 2nd team 2000, ^ honorable mention 2000

## 2003 ALL-NCAC WOMEN'S CROSS COUNTRY

**CLEVELAND** -- The following performers earned All-North Coast Athletic Conference honors at the 2003 NCAC Cross Country Championships on Saturday, Nov. 1 at The College of Wooster.

### FIRST TEAM

Name	School	Yr.	PL	TIME	Hometown/High School
Julie Hufnagel *#	Denison	Sr.	1	18:55	Beverly Hills, MI/Marian
Leigh Ciofani @	Allegheny	Jr.	2	19:04	McKees Rocks, PA/Montour
Elaine Binkley	Denison	Fr.	3	19:15	Columbus, OH/Bishop Watterson
Christine Collins	Denison	Fr.	4	19:16	Chagrin Falls, OH/Chagrin Falls
Brittany Tourville	Earlham	Fr.	5	19:35	Richmond, IN/Richmond
Leah Shouey *\$	Allegheny	Jr.	6	19:36	Franklin, PA/Franklin Regional
Kimberly Murley @	Denison	So.	7	19:37	Dalton, PA/Tunkhannock Area

**Runner of the Year:** Julie Hufnagel, Denison

**Newcomer of the Year:** Elaine Binkley, Denison

**Coach of the Year:** Phil Torrens, Denison

### SECOND TEAM

Name	School	Yr.	PL	TIME	Hometown/High School
Chelsea Benson *%	Allegheny	Sr.	8	19:38	Mt. Jewett, PA/Kane
Katie Wieferrich	Wooster	Fr.	9	19:42	Marietta, OH/Senior
Maureen Copeland	Allegheny	Sr.	10	19:45	Mt. Pleasant, PA/Geibel
Scarlett Graham	Allegheny	Fr.	11	19:48	Farmington, PA/Uniontown
Lindsey Shouey @%	Allegheny	Jr.	12	19:49	Franklin, PA/Franklin Regional
Tenaya Britton \$^	Kenyon	Sr.	13	19:55	Bethesda, MD/Walter Johnson
Christina McNamara *	Kenyon	So.	14	19:57	Chappaqua, NY/Horace Greeley

### HONORABLE MENTION

Name	School	Yr.	PL	TIME	Hometown/High School
Julia Goeke @\$	Oberlin	Sr.	15	19:58	St. Louis, MO/Nerinx Hall
Leah Cressman	Ohio Wesleyan	Sr.	16	19:59	Ann Arbor, MI/Pioneer
Rebecca Metzler %	Denison	Sr.	17	20:02	Gregory, MI/Chelsea
Becky Barnes	Wittenberg	Sr.	18	20:14	Williamsport, OH/Westfall
Ashley Albrecht	Denison	Fr.	19	20:20	Gettysburg, MD/Magruder
Laura Koss &#	Kenyon	Sr.	20	20:21	Millburn, NJ/Millburn
Karina Colbenson	Wooster	Sr.	21	20:23	Littleton, CO/Littleton

**Key:** \*1st team 2002, @ 2nd team 2002, & honorable mention 2002, # 1st team 2001, \$ 2nd team 2001, % honorable mention 2001, ^honorable mention 2000.