



**DENNIS M. COLLINS**  
Executive Director

P.O. Box 16679  
Cleveland, OH 44116  
Phone (440) 871-8100  
Fax (440) 871-4221  
nccac@northcoast.org  
www.northcoast.org

ALLEGHENY COLLEGE ★ DENISON UNIVERSITY ★ EARLHAM COLLEGE ★ HIRAM COLLEGE ★ KENYON COLLEGE ★ OBERLIN COLLEGE  
★ OHIO WESLEYAN UNIVERSITY ★ WABASH COLLEGE ★ WITTENBERG UNIVERSITY ★ COLLEGE OF WOOSTER

**NCAC Cross Country Championships**

**For Immediate Release**

**ALLEGHENY MEN, DENISON WOMEN CLAIM NCAC TITLES;  
POOL, COLLINS TAKE INDIVIDUAL HONORS**

**Oct. 31, 2004**

**MEADVILLE, Penn.** -- Allegheny claimed the men's title while Denison took the women's at the 21st annual North Coast Athletic Conference Championships, held at Allegheny Oct. 30. The Gators captured their fourth men's title and second in the past three years, while the Big Red took their fifth and second in a row.

In the women's race, Denison defeated runner-up Kenyon by 24 points as the Big Red placed three runners in the top five. The Ladies finished second on the strength of three top-ten finishers.

Denison sophomore **Christine Collins (Chagrin Falls, OH/Chagrin Falls)** claimed her second straight First Team All-NCAC honor, winning the six-kilometer race in 22:55. She finished fourth as a freshman last year. She outdistanced teammate and classmate **Elaine Binkley (Columbus, OH/Bishop Watterson)** who crossed in second place (23:21) and Kenyon junior **Christina McNamara (Chappaqua, NY/Horace Greeley)**, who was third in 23:25.

Allegheny and Kenyon traded places from their team finishes a season ago. This year the Ladies finished in second (58 points), followed by the Gators, who were four points behind (62).

On the men's side, Allegheny successfully defended its title. The Gators won by 58 points and senior **Kevin Pool (New Windsor, MD/Westminster)** took individual honors for the second consecutive year.

Pool finished the eight-kilometer race in 26:29 and led a quartet of Gators in the top seven. Oberlin sophomore **Travis Grout (Jefferson, OH/Jefferson Area)** earned his second all-conference nod with a runner-up finish (27:00), followed closely by Wooster senior **Matt Linman (West Linn, OR/West Linn)** in third (27:07). Grout finished 15th as a freshman in 2003, while Linman improved upon a 13th-place finish a season ago.

Kenyon (89 points) was runner-up in the men's race as well, after winning the meet in 2003. Denison (112) moved up to third place from fifth a season ago.

The top seven finishers in each race earn first-team All-NCAC honors. The next seven (places 8 through 14) earn second-team honors and the next seven (places 15 through 21) earn honorable mention.

**2004 Men's Cross Country Championships**

- |                                   |     |
|-----------------------------------|-----|
| 1. Allegheny College .....        | 31  |
| 2. Kenyon College .....           | 89  |
| 3. Denison University .....       | 112 |
| 4. Ohio Wesleyan University ..... | 124 |
| 5. The College of Wooster .....   | 125 |
| 6. Earlham College .....          | 128 |
| 7. Wabash College .....           | 131 |
| 8. Oberlin College .....          | 157 |
| 9. Wittenberg University .....    | 253 |
| 10. Hiram College .....           | 314 |

**2004 Women's Cross Country Championships**

- |                                   |     |
|-----------------------------------|-----|
| 1. Denison University .....       | 34  |
| 2. Kenyon College .....           | 58  |
| 3. Allegheny College .....        | 62  |
| 4. College of Wooster .....       | 100 |
| 5. Oberlin College .....          | 101 |
| 6. Earlham College .....          | 166 |
| 7. Ohio Wesleyan University ..... | 168 |
| 8. Wittenberg University .....    | 255 |
| 9. Hiram College .....            | 291 |

## 2004 ALL-NCAC WOMEN'S CROSS COUNTRY

**CLEVELAND** -- The following performers earned All-North Coast Athletic Conference honors at the 2004 NCAC Cross Country Championships on Saturday, Oct. 30 at Allegheny College.

### FIRST TEAM

Name	School	Yr.	PL	TIME	Hometown/High School
Christine Collins #	Denison	So.	1	22:55	Chagrin Falls, OH/Chagrin Falls
Elaine Binkley #	Denison	So.	2	23:21	Columbus, OH/Bishop Watterson
Christina McNamara *+	Kenyon	Jr.	3	23:25	Chappaqua, NY/Horace Greeley
Kimberly Murley @#	Denison	Jr.	4	23:35	Dalton, PA/Tunkhannock Area
Alison Doniger	Oberlin	Fr.	5	23:49	Atherton, CA/Menlo Atherton
Scarlett Graham +	Allegheny	So.	6	23:53	Farmington, PA/Uniontown
Emma Reidy	Kenyon	Fr.	7	23:55	Crawfordsville, IN/Crawfordsville

**Runner of the Year:** Christine Collins, Denison

**Newcomer of the Year:** Alison Doniger, Oberlin

**Coach of the Year:** Phil Torrens, Denison

### SECOND TEAM

Name	School	Yr.	PL	TIME	Hometown/High School
Leah Shouey *\$#	Allegheny	Sr.	8	23:56	Franklin, PA/Franklin Regional
Amy Wilkins	Kenyon	Jr.	9	24:09	Washington, DC/Waldorf
Jessica Holder	Denison	Jr.	10	24:09	Dover, OH/Dover
Katie Wieferich +	Wooster	So.	11	24:10	Marietta, OH/Senior
Lindsey Shouey @%+	Allegheny	Sr.	12	24:13	Franklin, PA/Franklin Regional
Ariane Burwell	Oberlin	So.	13	24:18	San Francisco, CA/Urban School
Leigh Ciofani @#	Allegheny	Sr.	14	24:21	McKees Rocks, PA/Montour

### HONORABLE MENTION

Name	School	Yr.	PL	TIME	Hometown/High School
Shannon Morris !	Oberlin	Sr.	15	24:24	Syracuse, NY/West Genesee
Tiffany White	Wooster	Jr.	16	24:31	Kent, OH/Roosevelt
Ashley Albrecht <	Denison	So.	17	24:38	Gettysburg, MD/Magruder
Lauren Rand	Kenyon	Jr.	18	24:42	Sudbury, MA/Lincoln-Sudbury Regional
Erin Jacob	Wooster	Sr.	19	24:48	Pittsburgh, PA/Fox Chapel Area
Brittany Tourville #	Earlham	So.	20	24:56	Richmond, IN/Richmond
Heather McMillan !	Kenyon	Sr.	21	24:58	Glencoe, IL/New Trier

**Key:** #1st team 2003, +2nd team 2003, < honorable mention 2003, \*1st team 2002, @ 2nd team 2002, ! honorable mention 2002, \$ 2nd team 2001, % honorable mention 2001.

## 2004 ALL-NCAC MEN'S CROSS COUNTRY

**CLEVELAND** -- The following performers earned All-North Coast Athletic Conference honors at the 2004 NCAC Cross Country Championships on Saturday, Oct. 30 at Allegheny College.

### FIRST TEAM

Name	School	Yr.	PL	TIME	Hometown/High School
Kevin Pool *+	Allegheny	Sr.	1	26:29	New Windsor, MD/Westminster
Travis Grout <	Oberlin	So.	2	27:00	Jefferson, OH/Jefferson Area
Matthew Linman %	Wooster	Sr.	3	27:07	West Linn, OR/West Linn
Chris Carrier \$+	Allegheny	Jr.	4	27:17	Lyndhurst, OH/Brush
Jeff Conroy #@%	Allegheny	Sr.	5	27:21	Pittsburgh, PA/Baldwin
J. P. Gary *+	Earlham	Sr.	6	27:25	Riverside, IL/Riverside-Brookfield
Marco Dozzi	Allegheny	So.	7	27:33	Pittsburgh, PA/Chartiers Valley

**Runner of the Year:** Kevin Pool, Allegheny

**Newcomer of the Year:** Ryan Place, Allegheny

**Coach of the Year:** Bill Ross, Allegheny

### SECOND TEAM

Name	School	Yr.	PL	TIME	Hometown/High School
Tyler Newman %	Kenyon	Sr.	8	27:42	Newton, MA/Newton North
Taylor Delhagen <	Wooster	Jr.	9	27:44	Pultneyville, NY/Williamson Central
Walker Yane	Earlham	So.	10	27:50	Oldenburg, IN/St. Xavier
Sean Strader +	Kenyon	Jr.	11	27:52	Clayton, OH/Northmont
Dennis Frazee	Wabash	So.	12	27:54	Griffith, IN/Calumet
Matt Kempton <	Ohio Wesleyan	So.	13	27:58	Fredericktown, OH/Fredericktown
Tim Ross	Allegheny	Jr.	14	28:01	Meadville, PA/Meadville

### HONORABLE MENTION

Name	School	Yr.	PL	TIME	Hometown/High School
Ryan Place	Allegheny	Fr.	15	28:05	Meshoppen, PA/Elk Lake
Brian Gilson	Denison	So.	16	28:06	Cordland, OH/John F. Kennedy
Ryan Weinstock %	Kenyon	So.	17	28:11	Lake Bluff, IL/Lake Forest
Clark Paciorek <	Denison	So.	18	28:15	Novi, MI/Northville
Peter MacLeod	Ohio Wesleyan	Fr.	19	28:16	Hudson, OH/Hudson
Joel Bendtsen	Denison	Fr.	20	28:25	Chillicothe, OH/Chillicothe
Charles Wohlhuter	Wabash	Jr.	21	28:32	Wheaton, IL/Wheaton-Warrenville South

**Key:** +1st team 2003, % 2nd team 2003, < honorable mention 2003, #1st team 2002, \* 2nd team 2002, \$ honorable mention 2002, @ 2nd team 2001