



**DENNIS M. COLLINS**  
Executive Director

P.O. Box 16679  
Cleveland, OH 44116  
Phone (440) 871-8100  
Fax (440) 871-4221  
ncac@northcoast.org  
www.northcoast.org

ALLEGHENY COLLEGE ★ DENISON UNIVERSITY ★ EARLHAM COLLEGE ★ HIRAM COLLEGE ★ KENYON COLLEGE ★ OBERLIN COLLEGE  
★ OHIO WESLEYAN UNIVERSITY ★ WABASH COLLEGE ★ WITTENBERG UNIVERSITY ★ COLLEGE OF WOOSTER

**NCAC Cross Country Special**

**For Immediate Release**

**ALLEGHENY TOPS MEN'S AND WOMEN'S PRESEASON PICKS  
AS NORTH COAST READIES FOR RUNNING OF 21ST SEASON**

**August 20, 2004**

**CLEVELAND, Ohio** -- For the second consecutive year, Allegheny swept the top spots in the annual preseason balloting by North Coast Athletic Conference men's and women's cross country coaches, conducted via email.

The Gator women, last fall's second-place finishers, earned five first-place votes for 77 points from the coaches to edge Denison, the defending champion, which claimed the other four first-place nods and 75 points. Kenyon (61) and Oberlin (53) were picked third and fourth, respectively. In total, the Allegheny women have claimed 10 NCAC crowns: 1985, '86, 1988-'94 and 2002. Wooster and Denison have both won four.

The Gator men, runner-up last fall, earned all 10 first-place votes and 100 points from the coaches to top defending champion Kenyon (87) and Denison (80). Ohio Wesleyan (66) and Oberlin (62) were picked fourth and fifth, respectively. Allegheny has earned three NCAC crowns, last in 2002. Denison and Kenyon each have claimed four NCAC titles.

**-NCAC-**

**2004 NCAC Cross Country Polls**

North Coast Athletic Conference 2004 preseason cross country polls (first-place votes in parentheses, followed by total points):

**WOMEN**

- 1. Allegheny (5)..... 77
- 2. Denison (4)..... 75
- 3. Kenyon..... 61
- 4. Oberlin..... 53
- 5. Ohio Wesleyan..... 42
- 6. Wooster..... 37
- 7. Earlham..... 32
- 8. Wittenberg..... 19
- 9. Hiram..... 9

**MEN**

- 1. Allegheny (10) ..... 100
- 2. Kenyon..... 87
- 3. Denison ..... 80
- 4. Ohio Wesleyan ..... 66
- 5. Oberlin..... 62
- 6. Wooster..... 48
- 7. Wabash..... 46
- 8. Earlham..... 40
- 9. Wittenberg ..... 18
- 10.Hiram ..... 13

^ Former NCAC member Case Western Reserve University holds five men's titles.