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ALLEGHENY COLLEGE ★ DENISON UNIVERSITY ★ EARLHAM COLLEGE ★ HIRAM COLLEGE ★ KENYON COLLEGE ★ OBERLIN COLLEGE
★ OHIO WESLEYAN UNIVERSITY ★ WABASH COLLEGE ★ WITTENBERG UNIVERSITY ★ COLLEGE OF WOOSTER

[NCAC Outdoor Track Special](#)

For Immediate Release

**ALLEGHENY CLAIMS BOTH MEN'S & WOMEN'S
NORTH COAST OUTDOOR TRACK & FIELD TITLES**

May 8, 2006

The Allegheny men won their fourth straight and seventh overall team title at the NCAC Championships, held at Ohio Wesleyan on May 4-5. The Gators captured six first and 16 other top-three finishes to total 237.5 points and outdistance Wabash (135), Ohio Wesleyan (132) and Wittenberg (91) in the men's field. The victory gives Allegheny a sweep of the men's cross country, indoor and outdoor track NCAC titles for the second straight year.

The Allegheny women claimed their 12th NCAC crown and seventh in the past eight years with 211 points. Ohio Wesleyan wound up second with 138 points, followed by Wooster (89.5) and Denison (83). The Gators won seven events and had 11 other top-three finishes. The Gator men's squad broke their own conference record for team points scored.

The 32nd NCAA Division III Championships will take place Thursday through Saturday, May 25-27, at Benedictine in Lisle, Illinois. A total of 334 athletes will compete in the championships. Athletes qualify by reaching the automatic and provisional standards established for each event. The spots remaining in the field after the automatic qualifiers are filled from the descending order list of provisional qualifiers on May 21.

Women's Most Valuable Performers: Kenyon senior **Katie Walker (Columbus, OH/Academy)** was MVP of the sprints and hurdles after she won the 200 meters (26.62) and was part of the victorious 1600-meter relay, finished second in the 100 meters (12.72) and was runner-up in the long jump (17-8). Wooster junior **Katie Wiefelich (Marietta, OH/Marietta)** took home middle distance/distance MVP honors after she won the 5000 meters in conference record time (17:39.27), and crossed first in the 10,000 meters (38:26.43). Allegheny sophomore **Emily Pfeuffer (St. Mary's, PA/Elk County Catholic)** came away with field MVP honors after winning the heptathlon (4173 points), long jump (17-9.5) and triple jump (38-0), and finishing second in the high jump (5-2.25).

Men's Most Valuable Performers: Wabash sophomore **Bart Banach (Munster, IN/Munster)** was sprint/hurdles MVP after winning the 100 meters (11.11), leading off both winning relays and finishing second in the 200 meters (22.34). Little Giant sophomore **Geoff Lambert (Chesterton, IN/Chesterton)** took middle distance/distance MVP recognition after winning and breaking a record in the 800 meters that had stood since 1988 (1:51.73). Lambert also anchored the winning 1600-meter relay. Ohio Wesleyan senior **Justin Blackburn (Wadsworth, OH/Wadsworth)** took home Field MVP honors after he won the decathlon (5770).

Coach of the Year: Allegheny head coach **Bill Ross** earned coach of the Year recognition for both the men and the women for the second consecutive year. He earns his fifth nod for the men and seventh in the past eight seasons in leading the women.

**2006 NCAC Outdoor Track & Field Championships
at Ohio Wesleyan May 4-5**

MEN'S TEAM RESULTS

WOMEN'S TEAM RESULTS

1.	ALLEGHENY	237.5
2.	WABASH	135
3.	OHIO WESLEYAN	132
4.	WITTENBERG	91
5.	WOOSTER	62.5
6.	DENISON	59
7.	OBERLIN	34
8.	KENYON	26
9.	EARLHAM	21
	HIRAM	21

1.	ALLEGHENY	211
2.	OHIO WESLEYAN	138
3.	WOOSTER	89.5
4.	DENISON	83
5.	EARLHAM	81
6.	WITTENBERG	77
7.	KENYON	60
8.	OBERLIN	56.5
9.	HIRAM	22

2006 NCAC Women's Outdoor Track & Field Championships May 4-5

100-METER DASH

12.56 Nicole Bailey, WIT
12.72 Katie Walker, KEN
13.20 Jessica West, DEN

100-METER HURDLES

15.51 Lynne Hutchison, HIR
15.91 Brie Jaquette, DEN
16.06 Meagan Coneybeer, DEN

200-METER DASH

26.61 Katie Walker, KEN
27.01 Katie Shoemaker, WIT
27.11 Sarah Sammel, ALL

400-METER DASH

1:00.21 Katie Shoemaker, WIT
1:02.41 Ashley Shaffer, OWU
1:02.53 Jill Berner, WOO

400-METER HURDLES

1:07.00 Sara Bohall, ERL
1:07.09 Liz Straus, ALL
1:07.45 Ali Drushal, WOO

800-METER RUN

2:19.72 Alex Petek, OBE
2:20.15 Flannery Cerbin, OBE
2:20.62 Rashelle Glass, ALL

1500-METER RUN

4:37.94 # Scarlett Graham, ALL
4:45.23 Catie Coleman, OWU
4:45.73 Molly McGravey, ALL

3000-METER STEEPLECHASE

11:33.30 Catie Coleman, OWU
11:39.95 Christine Collins, DEN
11:43.65 Ariane Burwell, OBE

5000-METER RUN

17:39.27 #% Katie Wieferich, WOO
18:08.11 Scarlett Graham, ALL
18:20.98 Nina DiTraglia, OWU

10,000-METER RUN

38:26.43 Katie Wieferich, WOO
39:50.30 Jessica Holder, DEN
40:01.27 Eva Weyers, ALL

MVP TRACK (SPRINTS/HURDLES)

Katie Walker, Kenyon

MVP TRACK (MID DISTANCE/DISTANCE)

Katie Wieferich, Wooster

MVP FIELD

Emily Pfeuffer, Allegheny

COACH OF THE YEAR

Bill Ross, Allegheny

400-METER RELAY

50.11 WITTENBERG
(Bailey-Shoemaker-Osborne-Parker)
50.37 DENISON
(West-Conley-Hopf-Jaquette)
51.14 EARLHAM
(Kane-Black-Balan/Gaubert-Bohall)

1600-METER RELAY

4:12.43 KENYON
(Cameron-Esty-Walker-Rose)
4:12.89 WOOSTER
(Berner-Legg-Drushal-Bierlein)
4:15.63 EARLHAM
(Kane-Balan/Gaubert-Lindsay-Bohall)

LONG JUMP

17' 9 1/2" Emily Pfeuffer, ALL
17' 8" Katie Walker, KEN
16' 6" Nicole Bailey, WIT

TRIPLE JUMP

38' 0" # Emily Pfeuffer, ALL
35' 6 3/4" Catonya Black, ERL
35' 3 1/4" Elvse Kebert, ALL

HIGH JUMP

5' 3 1/4" Louise Stepp, OWU
5' 2 1/4" Emily Pfeuffer, ALL
5' 1" Ericka Newell, OWU

POLE VAULT

11' 9 3/4" #% Sarah Sammel, ALL
11' 9 3/4" #% Jill Berner, WOO
10' 1 1/4" Katy Cameron, KEN

SHOT PUT

38' 9" Liz Newell, OWU
38' 7 3/4" Liz Earley, ALL
37' 4" Kathryn Dale, WOO

DISCUS

116' 6" Liz Earley, ALL
116' 2" Loni Clark, ERL
113' 10" Becky Unkefer, HIR

JAVELIN

120' 4" Loni Clark, ERL
118' 2" Katie Pankowski, ALL
111' 6" Ali Drushal, WOO

HAMMER

158' 6" #% Liz Earley, ALL
126' 5" Loni Clark, ERL
124' 0" Liz Newell, OWU

HEPTATHLON

4173 # Emily Pfeuffer, ALL
4046 Ashley Shaffer, OWU
3384 Liz Straus, ALL

% NCAC Record

NCAA Provisional Qualifier

2006 NCAC Men's Outdoor Track & Field Championships May 4-5

100-METER DASH

11.11 Bart Banach, WAB
11.14 Ryan Ellis, OWU
11.31 Mike Russell, WAB

110-METER HURDLES

15.22 Justin Blackburn, OWU
15.74 Matt Jensen, WOO
16.12 Matt Yurky, ALL

200-METER DASH

22.15 Ryan Ellis, OWU
22.34 Bart Banach, WAB
22.57 Aaron Rape, ALL

400-METER DASH

49.32 Nathan Bates, WAB
49.68 Aaron Rape, ALL
50.80 Preston Osborn, OWU

400-METER HURDLES

56.45 Cody Hartley, OBE
56.88 Dave Griffin, ALL
56.95 Brandon Balthrop, KEN

800-METER RUN

1:51.73 #% Geoff Lambert, WAB
1:55.03 Garret Piispanen, ALL
1:56.41 Garret Andre-Johnson, OWU

1500-METER RUN

3:59.56 Ryan Place, ALL
4:00.19 Ben Mourer, ALL
4:01.76 Joel Bendsten, DEN

3000-METER STEEPLECHASE

9:34.25 Will Crabtree, OWU
9:36.92 Clark Paciorek, DEN
9:37.50 Chris Carrier, ALL

5000-METER RUN

15:22.04 Ryan Place, ALL
15:29.00 Dennis Frazee, WAB
15:29.36 Ben Mourer, ALL

10,000-METER RUN

32:10.92 Chris Carrier, ALL
32:39.84 Chris Corkins, ALL
32:45.09 Walker Yane, ERL

MVP TRACK (SPRINTS/HURDLES)

Bart Banach, Wabash

MVP TRACK (MID DISTANCE/DISTANCE)

Geoff Lambert, Wabash

MVP FIELD

Justin Blackburn, Ohio Wesleyan

COACH OF THE YEAR

Bill Ross, Allegheny

400-METER RELAY

42.52 WABASH
(Banach-Bates-Hill-Russell)
42.80 OHIO WESLEYAN
(Blackburn-N. Osborn-P. Osborn-Ellis)
42.93 ALLEGHENY
(Walker-Moles-Rape=Solomon)

1600-METER RELAY

3:21.61 WABASH
(Banach-Bates-Russell-Lambert)
3:25.17 OHIO WESLEYAN
(Melcher-Horst-P. Osborn-Sampson)
3:26.74 DENISON
(Walker-Barnes-Marks-Pendery)

LONG JUMP

21' 6" Justin Blackburn, OWU
21' 3 1/4" Tristan Jordan, WOO
21' 1 1/4" Mike Russell, WAB

TRIPLE JUMP

44' 0" Erik Larkin, WIT
43' 0 1/2" Brandon Balthrop, KEN
41' 9 1/4" Matt Yurky, ALL

HIGH JUMP

6' 2 3/4" Mike Russell, WAB
6' 1 1/2" Andrew Cook, DEN
6' 1 1/2" Erik Larkin, WIT

POLE VAULT

14' 3 1/4" Conrad Rapp, ALL
13' 1 1/4" Michael Tornifolio, OWU
13' 1 1/4" Erich Wittmer, ALL

SHOT PUT

48' 11 3/4" Frank Tupta, ALL
48' 5 1/2" Pat Confer, ALL
46' 6 1/4" Rick Drushal, WOO

DISCUS

145' 6" Clyde Mayer, WIT
142' 3" Devin Cruea, ALL
141' 9" Rick Drushal, WOO

JAVELIN

188' 6" # Vince Werner, ALL
173' 10" Robert Campbell, ALL
165' 4" Logan Giles, ERL

HAMMER

151' 6" Andy Karcher, WIT
150' 11" Pat Confer, ALL
150' 7" Jon Reidy, WAB

DECATHLON

5770 Justin Blackburn, OWU
5355 Mark O'Brien, WIT
5088 Andrew Bloom, OWU

% NCAC Record

NCAA Provisional Qualifier