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ALLEGHENY COLLEGE ★ DENISON UNIVERSITY ★ EARLHAM COLLEGE ★ HIRAM COLLEGE ★ KENYON COLLEGE ★ OBERLIN COLLEGE
★ OHIO WESLEYAN UNIVERSITY ★ WABASH COLLEGE ★ WITTENBERG UNIVERSITY ★ COLLEGE OF WOOSTER

NCAC Indoor Track Special

For Immediate Release
March 5, 2007

**ALLEGHENY CLAIMS MEN'S; OWU TAKES WOMEN'S
NORTH COAST INDOOR TRACK & FIELD TITLES**

The Allegheny men won their fifth straight and eighth overall team title at the NCAC Championships, held at Denison March 2-3. The Gators captured five first and nine other top-three finishes to total 159 points and outdistance Ohio Wesleyan (114), Wabash (100.5) and Denison (75.5) in the men's field. The Ohio Wesleyan women claimed their sixth NCAC crown and first since 1994 with 183 points. Allegheny wound up second with 112 points, followed by Oberlin (106) and Denison (60). The Bishops won seven events and had nine other top-three finishes.

Women's Most Valuable Performers: Wittenberg junior **Nicole Bailey (Cincinnati, OH/Summit Country Day)** earned Outstanding Women's Sprinter/Hurdler of the Year honors after she won the 55-meter dash (7.30), placed third in the 200 meters (27.01) and was part of the fourth-place 4x200 meter relay (1:51.93). She was also fourth in the long jump (16' 5.5") and second in triple jump (36' 1.25"). Oberlin sophomore **Flannery Cerbin (LaCrosse, Wis./LaCrosse Central)** claimed Outstanding Women's Middle Distance/Distance runner of the Year recognition for claiming first in the mile (5:05.23) and finishing second in the 800 meters (2:18.68). She also anchored the Yeowomen's second-place 4x400 relay (4:09.95). Junior **Emily Pfeufer (St. Mary's, PA/Elk County Catholic)** of Allegheny was selected Outstanding Field Athlete of the Year for the second straight year after winning the long jump (17' 4.25"), the triple jump (37' 9.5") and taking fourth in the high jump (5' 0"). Pfeufer also was a member of the third-place 4x200 relay (1:50.56).

Men's Most Valuable Performers: Ohio Wesleyan sophomore **Ryan Ellis (Columbus, OH/Dublin Scioto)** took first in the 55-meter dash (6.64), the 200 meters (22.58) and was a member of the winning 4x200 meter relay (1:31.68) as well as the second-place 4x400 meter relay en route to earning Outstanding Men's Sprinter/Hurdler of the Year honors. Wabash junior **Geoff Lambert (Chesterton, IN/Chesterton)** picked up Outstanding Men's Middle/Distance Runner of the Year recognition after he won the 800 meters (1:52.72) and anchored the winning 4x400 meter relay (3:24.91), which set a conference record. Gator sophomore **Joe McMahon (Pittsburgh, PA/Baldwin)** was voted Outstanding Field Athlete of the Year after he won the triple jump (46' 8.25") and was runner up in the long jump (21' 8.5").

Coach of the Year: Allegheny head coach **Bill Ross** was named coach of the year of the men's championship for the fifth consecutive season, while Ohio Wesleyan head coach **Kris Boey** earned his first coach of the year award in the women's championship.

**2007 NCAC Outdoor Track & Field Championships
at Denison March 2-3**

MEN'S TEAM RESULTS

1. ALLEGHENY	159
2. OHIO WESLEYAN	114
3. WABASH	100.5
4. DENISON	75.5
5. WOOSTER	43
6. KENYON	42
7. WITTENBERG	39
8. OBERLIN	31
9. EARLHAM	15
10. HIRAM	5

WOMEN'S TEAM RESULTS

1. OHIO WESLEYAN	183
2. ALLEGHENY	112
3. OBERLIN	106
4. DENISON	60
5. WITTENBERG	58
6. EARLHAM	49
7. WOOSTER	37
8. KENYON	10
9. HIRAM	9

2007 NCAC Women's Indoor Track & Field Championships

55-METER DASH

7.30 # Nicole Bailey, WIT
7.38 Starr Gary, ERL
7.39 Casey Ridgeway, OWU

55-METER HURDLES

8.81 Ashlie Britton, OWU
8.96 Hannah Smith, ALL
9.05 Lynne Hutchinson, HIR

200-METER DASH

26.31 Casey Ridgeway, OWU
26.36 Starr Gary, ERL
27.01 Nicole Bailey, WIT

400-METER DASH

59.05 Ashley Shaffer, OWU
59.87 Katie Shoemaker, WIT
1:00.26 Sarah Shinn, OWU

800-METER RUN

2:17.99 Sarah Shinn, OWU
2:18.68 Flannery Cerbin, OBE
2:21.24 Nicky Ouellet, OBE

MILE RUN

5:05.23 Flannery Cerbin, OBE
5:05.92 Maddy Davis-Hayes, OBE
5:12.31 Nicky Ouellet, OBE

3000-METER RUN

10:32.11 Maddy Davis-Hayes, OBE
10:32.12 Christine Collins, DEN
10:35.20 Elaine Binkley, DEN

5000-METER RUN

18:29.04 Christine Collins, DEN
18:48.27 Leah Schmelzer, OWU
18:55.02 Michelle Corkum, ALL

MVP TRACK (SPRINTS/HURDLES)

Nicole Bailey, Wittenberg

MVP TRACK (MID DISTANCE/DISTANCE)

Flannery Cerbin, Oberlin

MVP FIELD

Emily Pfeufer, Allegheny

COACH OF THE YEAR

Kris Boey, Ohio Wesleyan

4x200-METER RELAY

1:49.70 OHIO WESLEYAN
(Ridgeway-Newell-Wehner-Britton)
1:49.73 EARLHAM
(Kane-Witham-Balan/Gaubert-Bohall)
1:50.56 ALLEGHENY
(Raspanti-Pfeufer-Aiken-Straus)

DISTANCE MEDLEY RELAY

13:00.37 OBERLIN
(Petek-Callon-Rynkowski-Burwell)
13:05.79 OHIO WESLEYAN
(Coleman-Snyder-Chestnut-Sloboda)
13:21.66 ALLEGHENY
(Trane-Holick-McGravey-Svetzcek)

4x400-METER RELAY

4:06.45 OHIO WESLEYAN
(Alegria-Shinn-Reiter-Shaffer)
4:09.95 OBERLIN
(Shaw-Ouellet-Schultz-Cerbin)
4:16.96 EARLHAM
(Witham-Kane-Balan/Gaubert-Bohall)

LONG JUMP

17' 4.25" Emily Pfeufer, ALL
17' 3.5" Ericka Newell, OWU
16' 7.5" Ashley Shaffer, OWU

TRIPLE JUMP

37' 9.5" N # Emily Pfeufer, ALL
36' 1.5" Nicole Bailey, WIT
35' 3" Ashley Shaffer, OWU

HIGH JUMP

5' 3" Ericka Newell, OWU
5' 3" Ashley Shaffer, OWU
5' 1" Louise Stepp, OWU

POLE VAULT

10' 8" Ali Drushal, WOO
9' 8" Emily Hammeren, DEN
9' 0" Sarah Wiswell, WOO

SHOT PUT

41' 0" Liz Earley, ALL
36' 7.75" Allison Walker, WIT
36' 6" Sophia Braden, ALL

N- NCAC Record

#- NCAA Provisional Qualifier

2007 NCAC Men's Indoor Track & Field Championships

55-METER DASH

6.64 Ryan Ellis, OWU
6.67 Dondrea Brown, KEN
6.69 Manoach Lamarre, WIT

55-METER HURDLES

7.93 Emmanuel Aouad, WAB
7.94 Andrew Bloom, OWU
8.07 Bryan Albani, WOO

200-METER DASH

22.58 Ryan Ellis, OWU
22.77 Dondrea Brown, KEN
22.87 Michael Barnes, DEN

400-METER DASH

50.49 Bart Banach, WAB
50.84 Michael Barnes, DEN
51.22 Steffan Horst, OWU

800-METER RUN

1:52.72 *N Geoff Lambert, WAB
1:56.55 Nathan Bates, WAB
1:56.70 Garret Andre-Johnson, OWU

MILE RUN

4:18.55 N Lex Hultquist, DEN
4:18.84 Jim Boston, KEN
4:22.49 Ryan King, OBE

3000-METER RUN

8:50.53 Marco Dozzi, ALL
8:52.61 Joel Bendtsen, DEN
8:53.97 Chris Corkins, ALL

5000-METER RUN

15:10.24 Chris Corkins, ALL
15:12.41 Ben Mourer, ALL
15:14.16 Walker Yane, ERL

MVP TRACK (SPRINTS/HURDLES)

Ryan Ellis, Ohio Wesleyan

MVP TRACK (MID DISTANCE/DISTANCE)

Geoff Lambert, Wabash

MVP FIELD

Joe McMahon, Allegheny

COACH OF THE YEAR

Bill Ross, Allegheny

4x200-METER RELAY

1:31.68 OHIO WESLEYAN
(Ellis-N. Osborn-Bloom-P. Osborn)
1:31.71 WABASH
(Banach-Roomes-Aouad-Russell)
1:33.05 ALLEGHENY
(Walker-Brannan-Solomon-Moore/Seymore)

DISTANCE MEDLEY RELAY

10:38.03 ALLEGHENY
(Smith-Rowland-Drab-Hanson)
10:39.36 KENYON
(Carpenter-Lobdell-Cooley-Boston)
10:40.04 DENISON
(Tewahade-Nelson-Perkett-Russo)

4x400-METER RELAY

3:24.91 N WABASH
(Banach-Bates-Russell-Lambert)
3:28.27 OHIO WESLEYAN
(Horst-N. Osborn-Andre/Johnson-Ellis)
3:30.52 DENISON
(Barnes-Pendery-Nelson-Walker)

LONG JUMP

21' 11.5" Emmanuel Aouad, WAB
21' 8.5" Joe McMahon, ALL
21' 6" Dondrea Brown, KEN

TRIPLE JUMP

46' 8.25" # Joe McMahon, ALL
44' 4.5" Tristan Jordan, WOO
44' 0.75" Matt Yurky, ALL

HIGH JUMP

6' 3" Andrew Cook, DEN
6' 2" David Burke, OWU
6' 1" Mike Russell, WAB
6' 1" Andrew Rode, WAB

POLE VAULT

14' 4" Michael Tornifolio, OWU
14' 0" Peter Sotherland, ALL
13' 8" Erich Wittmer, ALL

SHOT PUT

51' 3.75" Frank Tupta, ALL
49' 3.5" Devin Cruea, ALL
47' 8.5" Rick Drushal, WOO

N- NCAC Record

* - NCAA Automatic Qualifier

#- NCAA Provisional Qualifier