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ALLEGHENY COLLEGE ★ DENISON UNIVERSITY ★ EARLHAM COLLEGE ★ HIRAM COLLEGE ★ KENYON COLLEGE ★ OBERLIN COLLEGE  
★ OHIO WESLEYAN UNIVERSITY ★ WABASH COLLEGE ★ WITTENBERG UNIVERSITY ★ COLLEGE OF WOOSTER

NCAC Indoor Track Special

**For Immediate Release**  
**March 3, 2008**

**OHIO WESLEYAN CLAIMS MEN'S AND WOMEN'S  
NORTH COAST INDOOR TRACK & FIELD TITLES**

The Ohio Wesleyan women won their second straight, and seventh overall, team title at the NCAC Championships, held at Denison February 29-March 1. The Battling Bishops captured four event titles and eight other top-three finishes to total 154 points and edge Allegheny, which scored 152 points and posted seven first-place finishes. Oberlin compiled 123 points to match its 2007 third-place finish. Wittenberg finished fourth (53.5). The Ohio Wesleyan men claimed their seventh NCAC crown, and first since 2002, with 163.5 points. Defending champion Allegheny wound up second with 135 points, followed by Denison (73) and Wabash (69). The Bishops won six events and had seven other top-three finishes.

**Women's Most Valuable Performers:** Ohio Wesleyan sophomore **Casey Ridgeway (Fredericktown, OH/Fredericktown)** earned Outstanding Women's Sprinter/Hurdler of the Year honors after she won the 55-meter dash (7.36), the 200 meters (26.28) and was part of the victorious 4x200 meter relay (1:51.93). Oberlin freshman **Joanna Johnson (Chico, CA/Chico)** claimed Outstanding Women's Middle Distance/Distance runner of the Year recognition for claiming first in the 5000 meters (18:14.99) and second in the 3000 meters (10:35.14). Senior **Emily Pfeufer (St. Mary's, PA/Elk County Catholic)** of Allegheny was selected Outstanding Field Athlete of the Year for the third straight year after winning the long jump (17' 0.25") and the triple jump (36' 5").

**Men's Most Valuable Performers:** Denison junior **Michael Barnes (Gates Mills, OH/Mayfield)** took first in the 200 meters (22.65) and 400 meters (50.24) and was a member of the third-place 4x400 meter relay (3:27.87) en route to earning Outstanding Men's Sprinter/Hurdler of the Year honors. Allegheny senior **Ryan Place (Meshoppen, PA/Elk Lake)** picked up Outstanding Men's Middle/Distance Runner of the Year recognition. He won the mile (4:17.37) and 3000 meters (8:34.04), both in conference-record time, and took first in the 5000 meters (14:45.60), meeting the NCAA provisional qualifying standard in the process. Ohio Wesleyan sophomore **David Burke (Hudson, OH/Hudson)** was voted Outstanding Field Athlete of the Year after he won the triple jump (44' 10.75") and high jump (6' 3.5").

**Coach of the Year:** Ohio Wesleyan head coach **Kris Boey** was named coach of the year of the men's championship for the first time, and earned his second straight coach of the year award in the women's championship.

**2008 NCAC Indoor Track & Field Championships  
at Denison University  
February 29 - March 1**

**MEN'S TEAM RESULTS**

1.	OHIO WESLEYAN	163.5
2.	ALLEGHENY	135.0
3.	DENISON	73.0
4.	WABASH	69.0
5.	OBERLIN	49.5
6.	WOOSTER	48.0
7.	KENYON	25.0
	WITTENBERG	25.0
9.	EARLHAM	24.0
10.	HIRAM	12.0

**WOMEN'S TEAM RESULTS**

1.	OHIO WESLEYAN	154.0
2.	ALLEGHENY	152.0
3.	OBERLIN	123.0
4.	WITTENBERG	53.5
5.	WOOSTER	42.0
6.	DENISON	36.5
7.	KENYON	27.0
8.	EARLHAM	23.0
9.	HIRAM	13.0

## 2008 NCAC Women's Indoor Track & Field Championships

### 55-METER DASH

7.36 Casey Ridgeway, OWU  
7.51 Nicole Bailey, WIT  
7.63 Rebecca Lendyak, ALL

### 55-METER HURDLES

8.844 Lynne Hutchison, HIR  
8.846 Shaakira Raheem, KEN  
9.00 Katelynn Riley, WOO

### 200-METER DASH

26.28 Casey Ridgeway, OWU  
26.90 Lainey Kekic, OWU  
27.21 Rebecca Lendyak, ALL

### 400-METER DASH

59.87 Anna Chernin, OBE  
1:00.10 Sara Bohall, ERL  
1:01.01 Lainey Kekic, OWU

### 800-METER RUN

2:19.08 Ogechi Nwokedi, ALL  
2:19.97 Rachael Newman, OWU  
2:21.01 Christa Wagner, OBE

### MILE RUN

5:25.75 Claire Everhart, OWU  
5:29.47 Katie Stancik, ALL  
5:32.58 Valerie Sloboda, OWU

### 3000-METER RUN

10:34.56 Marie Barnett, OBE  
10:35.14 Joanna Johnson, OBE  
10:40.11 Eva Weyers, ALL

### 5000-METER RUN

18:14.99 Joanna Johnson, OBE  
18:15.52 Marie Barnett, OBE  
18:25.70 Eva Weyers, ALL

### MVP TRACK (SPRINTS/HURDLES)

Casey Ridgeway, Ohio Wesleyan

### MVP TRACK (MID DISTANCE/DISTANCE)

Joanna Johnson, Oberlin

### MVP FIELD

Emily Pfeufer, Allegheny

### COACH OF THE YEAR

Kris Boey, Ohio Wesleyan

### 4x200-METER RELAY

1:47.43 OHIO WESLEYAN  
(Kekic-Ridgeway-Britton-Shaffer)  
1:50.37 WITTENBERG  
(Parker-Bailey-Osborne-Shoemaker)  
1:50.47 ALLEGHENY  
(Mikovich-Norton-Lendyak-Gratton)

### DISTANCE MEDLEY RELAY

13:18.22 ALLEGHENY  
(Alberico-Shinn-Dyer-LeMasters)  
13:19.34 WOOSTER  
(Yarmosky-Fisher-Culbert-Capehart)  
13:25.55 KENYON  
(Duffy-Matsuno-Bierman-Moriarity)

### 4x400-METER RELAY

4:07.28 OBERLN  
(Wagner-Miller-Schultz-Chernin)  
4:08.15 OHIO WESLEYAN  
(Kekic-Newman-Shaffer-Reiter)  
4:11.82 ALLEGHENY  
(Alberico-Lendyak-Heltman-Nwokedi)

### LONG JUMP

17' 0.75" Emily Pfeufer, ALL  
16' 6.5" Nicole Bailey, WIT  
16' 5.25" Chisara Nwabara, OBE

### TRIPLE JUMP

36' 5" Emily Pfeufer, ALL  
35' 5.75" Ashley Shaffer, OWU  
35' 4" Nicole Bailey, WIT

### HIGH JUMP

5' 1.25" Liz Strauss, ALL  
5' 0.25" Ashley Shaffer, OWU  
5' 0.25" Lainey Kekic, OWU

### POLE VAULT

10' 8" Sarah Sammel, ALL  
10' 4" Deysi Villarreal, OBE  
9' 6.25" Laura Vernon, OBE

### SHOT PUT

42' 11.75" #Liz Earley, ALL  
36' 10.25" Katahdin Cook, OBE  
36' 7.5" Allison Walker, WIT

N- NCAC Record

#- NCAA Provisional Qualifier

## 2008 NCAC Men's Indoor Track & Field Championships

### 55-METER DASH

6.66 Sean Patrick, OWU  
6.67 Chas Moore-Seymore, ALL  
6.69 Kevin Tolbert, HIR

### 55-METER HURDLES

7.72 # Emmanuel Aouad, WAB  
7.88 Bryan Albani, WOO  
7.91 Andrew Bloom, OWU

### 200-METER DASH

22.65 Michael Barnes, DEN  
22.79 Ryan Ellis, OWU  
23.01 Jordon Exeter, OWU

### 400 METER DASH

50.24 Michael Barnes, DEN  
51.13 Preston Osborn, OWU  
51.18 Bo Braun, ERL

### 800 METER RUN

1:54.49 # Geoff Lambert, WAB  
1:58.76 Ben Pendery, DEN  
1:58.76 Matt Mackenzie, OWU

### MILE RUN

4:17.37 N Ryan Place, ALL  
4:20.49 Hugh Jackson, WAB  
4:21.67 Craig Ball, ALL

### 3000 METER RUN

8:34.04 N Ryan Place, ALL  
8:34.40 Joel Bentsen, DEN  
8:49.99 Zac Ross, ALL

### 5000 METER RUN

14:45.60 # Ryan Place, ALL  
14:58.94 Joel Bentsen, DEN  
15:14.17 Zac Ross, ALL

### MVP TRACK (SPRINTS/HURDLES)

Michael Barnes, Denison

### MVP TRACK (MID DISTANCE/DISTANCE)

Ryan Place, Allegheny

### MVP FIELD

David Burke, Ohio Wesleyan

### COACH OF THE YEAR

Kris Boey, Ohio Wesleyan

### 4x200-METER RELAY

1:31.33 OHIO WESLEYAN  
(Ellis-Patrick-Exeter-N. Osborn)  
1:33.35 ALLEGHENY  
(Stamm-Brannan-Walker-Moore/Seymore)  
1:34.61 OBERLIN  
(Takahashi-Taljan-Hartley-Wimberly)

### DISTANCE MEDLEY RELAY

10:32.45 OHIO WESLEYAN  
(Andre/Johnson-Law-Herman-Havran)  
10:34.81 ALLEGHENY  
(Brush-Gorski-Drab-Eyer)  
10:36.93 DENISON  
(Tewahade-Walker-Hultquist-Hiltner)

### 4X400-METER RELAY

3:26.12 OHIO WESLEYAN  
(P. Osborn-Ellis-Mathias-N. Osborn)  
3:27.59 WABASH  
(Chamblee-Rickard-Dotson-Lambert)  
3:27.87 DENISON  
(Walker-Hultquist-Pendery-Barnes)

### LONG JUMP

22' 4.25" Emmanuel Aouad, WAB  
21' 0.75" Anthony Osei, OBE  
21' 0.50" Jordon Exeter, OWU

### TRIPLE JUMP

44' 10.75" David Burke, OWU  
44' 2.00" Tristan Jordan, WOO  
43' 7.75" Erik Larkin, WIT

### HIGH JUMP

6' 3.50" David Burke, OWU  
6' 2.25" John Mathis, WOO  
6' 1.25" Averell Gatton, WOO

### POLE VAULT

15' 11.25" #Robert Smallman, WAB  
14' 3.50" Peter Sotherland, ALL  
13' 5.75" Michael Tornifolio, OWU

### SHOT PUT

47' 10.50" Frank Tupta, ALL  
46' 8.75" Chris Shaw, ERL  
46' 2.50" Chad Wertman, ERL

N- NCAC Record

#- NCAA Provisional Qualifier