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ALLEGHENY COLLEGE ★ DENISON UNIVERSITY ★ EARLHAM COLLEGE ★ HIRAM COLLEGE ★ KENYON COLLEGE ★
OBERLIN COLLEGE ★ OHIO WESLEYAN UNIVERSITY ★ WABASH COLLEGE ★ WITTENBERG UNIVERSITY ★ COLLEGE OF WOOSTER

2008 NCAC Men's and Women's Swimming & Diving Championships

**For Immediate Release
February 17, 2008**

**KENYON LORDS AND LADIES CLAIM NCAC CHAMPIONSHIPS;
DENISON MEN AND WOMEN FINISH SECOND**

CANTON, Ohio – The Kenyon College Lords and Ladies successfully defended their respective team titles at the North Coast Athletic Conference Swimming & Diving Championships, hosted by Wabash at C.T. Branin Natatorium, February 14-16.

The Lords, who now own 23 of 24 NCAC titles, won 11 events to total 1,633 points to best second-place Denison. The Big Red won seven events to enroute to 1,598 points. Wabash placed third for the seventh time in nine years with 1,066 points, the second highest total in Little Giant history. Wittenberg placed fourth with 768 points, followed by Wooster (740), Allegheny (477), Hiram (432), Ohio Wesleyan (405) and Oberlin (327) in positions five through nine, respectively.

The Ladies, who also have 23 crowns, won 10 events to total 1,630 points to top second-place Denison. The Big Red women recorded 11 first-place finishes on the way to 1,615 points and their 23rd second-place finish. Wooster placed third with 886.5 points; Allegheny compiled 835.5 points to place fourth, followed by Oberlin (659), Wittenberg (624), Ohio Wesleyan (555) and Hiram (489) in positions five through eight, respectively.

Denison sophomore **Liv Zaleski (Corry, PA/Corry Area)** was voted the Female Swimmer of the Year after winning the 100 butterfly with a conference record time of 55.31. She also placed second in the 50 (23.66) and 100 (52.21) freestyles. Zaleski was also a member of the winning 200 free (1:35.53) and 200 medley (1:45.91) relays, as well as the second-place 400 (3:29.35) and 800 (7:43.80) free relays. The times in the 100 fly, 50 free, 200 medley relay and 200 free relay were national qualifying times.

Lords' senior **Josh Mitchell (Iron Mountain, MI/Kingsford)** repeated as the Male Swimmer of the Year after successfully defending individual titles in the 50 free (20.61), 100 backstroke (50.27) and the 100 free (45.31). All three times were national qualifying times, and his 100 free time was a conference record. Mitchell also swam a leg on three relays - the winning 800 free relay (6:48.44) that turned in an NCAA "A" cut, the second-place 200 free relay (1:23.08) and the runner-up 400 free relay (3:02.71).

Denison freshman **Samantha Salas (Fairfax, VA/Robinson Secondary School)** swept both diving events to earn Female Diver of the Year honors. Allegheny senior **Jayson Loeffert (Gibsonia, PA/Pine-Richland)** won the three-meter diving and was second on the one-meter board to earn the Male Diver of the Year award.

Denison's **Gregg Parini** was voted Women's Swimming Coach of the Year for the sixth time. Wittenberg's **Natalie Koukis** earned her first Men's Swimming Coach of the Year Award. Ohio Wesleyan's **Brian Book** repeated as Women's Diving Coach of the Year, while Denison's **Stephen Ritter** was named Men's Diving Coach of the Year for the third straight season.

- NCAC -

**NORTH COAST ATHLETIC CONFERENCE
2008 Swimming & Diving Championships Final Standings**

MEN'S TEAM RESULTS

WOMEN'S TEAM RESULTS

| Team | Points |
|-----------------------------|---------|
| 1. Kenyon College | 1,633.0 |
| 2. Denison University | 1,598.0 |
| 3. Wabash College | 1,066.0 |
| 4. Wittenberg University | 768.0 |
| 5. College of Wooster | 740.0 |
| 6. Allegheny College | 477.0 |
| 7. Hiram College | 432.0 |
| 8. Ohio Wesleyan University | 405.0 |
| 9. Oberlin College | 327.0 |

| Team | Points |
|-----------------------------|---------|
| 1. Kenyon College | 1,630.0 |
| 2. Denison College | 1,615.0 |
| 3. College of Wooster | 886.5 |
| 4. Allegheny College | 835.5 |
| 5. Oberlin College | 659.0 |
| 6. Wittenberg University | 624.0 |
| 7. Ohio Wesleyan University | 555.0 |
| 8. Hiram College | 489.0 |

NORTH COAST ATHLETIC CONFERENCE
2008 Men's Swimming & Diving Championships
Thursday-Saturday, Feb. 14-16 • Canton, Ohio

50-YD FREESTYLE

^ 20.61 Josh Mitchell, KEN
 21.01 Lowell Byers, DEN
 21.22 Jon Behnke, DEN

100-YD FREESTYLE

*^ 45.31 Josh Mitchell, KEN
 45.65 Blair Withington, KEN
 45.96 John Geissinger, DEN

200-YD FREESTYLE

1:40.69 David Curtis, DEN
 1:41.32 Tom Irgens, KEN
 1:43.56 Ben Terry, DEN

500-YD FREESTYLE

4:33.38 David Curtis, DEN
 4:34.96 Kegan Borland, KEN
 4:37.54 Ben Terry, DEN

1650-YD FREESTYLE

^ 15:50.23 Kegan Borland, KEN
 16:02.22 Wes Bubb, DEN
 16:12.72 Ben Terry, DEN

200-YD INDIVIDUAL MEDLEY

1:53.83 Blair Withington, KEN
 1:54.23 Jesse Sorrell, KEN
 1:54.26 Chris Sellon, DEN

400-YD INDIVIDUAL MEDLEY

^ 4:00.85 Jesse Sorrell, KEN
 4:05.57 Kegan Borland, KEN
 4:06.09 Alexander Stoyel, KEN

100-YD BUTTERFLY

^ 48.90 Lowell Byers, DEN
 ^ 49.80 Nathan Carruthers, KEN
 50.70 Michael Mpitsos, KEN

200-YD BUTTERFLY

1:52.28 Douglas Huguenard, KEN
 1:52.86 Kyle Packer, KEN
 1:53.58 Adam Petro, WAB

100-YD BACKSTROKE

^ 50.27 Josh Mitchell, KEN
 51.56 Lowell Byers, DEN
 51.67 Michael Mpitsos, KEN

SWIMMER OF THE YEAR

Josh Mitchell, Kenyon

DIVER OF THE YEAR

Jayson Loeffert, Allegheny

SWIM COACH OF THE YEAR

Natalie Koukis, Wittenberg

DIVING COACH OF THE YEAR

Steve Ritter, Denison

200-YD BACKSTROKE

1:51.33 Tom Irgens, KEN
 1:52.07 Jesse Sorrell, KEN
 1:52.30 Michael Mpitsos, KEN

100-YD BREASTSTROKE

57.15 David Gatz, OWU
 57.81 Blair Withington, KEN
 57.99 Collin Ohning, KEN

200-YD BREASTSTROKE

2:05.17 David Gatz, OWU
 2:05.40 Alexander Stoyel, KEN
 2:06.78 John Nemeth, DEN

THREE-METER DIVING

459.00 Jayson Loeffert, ALL
 408.35 Russ Bornschein, DEN
 402.65 Stephen Julka, DEN

ONE-METER DIVING

425.30 Stephen Julka, DEN
 422.25 Jayson Loeffert, ALL
 403.10 Russ Bornschein, DEN

200-YD FREESTYLE RELAY

1:22.32 DENISON
 1:23.08 KENYON
 1:25.18 WOOSTER

400-YD FREESTYLE RELAY

^* 3:01.70 DENISON
 ^ 3:02.71 KENYON
 3:09.04 WABASH

800-YD FREESTYLE RELAY

6:48.44 KENYON
 6:52.43 DENISON
 7:01.96 WABASH

200-YD MEDLEY RELAY

^ 1:32.40 KENYON
 1:32.74 DENISON
 1:35.09 WABASH

400-YD MEDLEY RELAY

^ 3:23.25 KENYON
 3:26.05 DENISON
 3:28.70 WABASH

FINAL TEAM STANDINGS

1. KENYON 1633.0
 2. DENISON 1598.0
 3. WABASH 1066.0
 4. WITTENBERG 768.0
 5. WOOSTER 740.0
 6. ALLEGHENY 477.0
 7. HIRAM 432.0
 8. OHIO WESLEYAN 405.0
 9. OBERLIN 327.0

* NCAC Record ^ NCAA III Automatic Qualifying Time

NORTH COAST ATHLETIC CONFERENCE
2008 Women's Swimming & Diving Championships
Thursday-Saturday, Feb. 14-16 • Canton, Ohio

50-YD FREESTYLE

^ 23.63 Kristen Hohl, DEN
 ^ 23.66 Liv Zaleski, DEN
 24.25 Brittany Hurd, KEN

100-YD FREESTYLE

51.80 Kristen Hohl, DEN
 52.21 Liv Zaleski, DEN
 52.62 Brittany Hurd, KEN

200-YD FREESTYLE

1:53.75 Annamarie Novinger, DEN
 1:53.86 Kati Meirs, KEN
 1:55.59 Jessica Wise, KEN

500-YD FREESTYLE

^ 4:58.71 Kati Meirs, KEN
 ^ 5:01.39 Danielle Arad, KEN
 5:02.28 Kate Coker, KEN

1650-YD FREESTYLE

^ 17:15.65 Kati Meirs, KEN
 ^ 17:16.89 Jaime Straub, KEN
 17:39.57 Taylor Blake, DEN

200-YD INDIVIDUAL MEDLEY

^ 2:06.49 Tina Ertel, KEN
 2:08.26 Kate Rich, DEN
 2:09.98 Tracy Menzel, KEN

400-YD INDIVIDUAL MEDLEY

4:33.88 Adrienne Amador, KEN
 4:34.25 Ginny Walsh, DEN
 4:37.21 Katie Loomis, KEN

100-YD BUTTERFLY

*^ 56.31 Liv Zaleski, DEN
 57.47 Danielle Arad, KEN
 57.70 Kate Rich, DEN

200-YD BUTTERFLY

2:07.71 Danielle Arad, KEN
 2:08.19 Christine Wissink, DEN
 2:09.55 Sara Kadi, OBE

100-YD BACKSTROKE

58.87 Kate Coker, KEN
 58.87 Brittany Hurd, KEN
 59.53 Emily Jacobssen, KEN

SWIMMER OF THE YEAR

Liv Zaleski, Denison

DIVER OF THE YEAR

Samantha Salas, Denison

SWIM COACH OF THE YEAR

Gregg Parini, Denison

DIVING COACH OF THE YEAR

Brian Book, Ohio Wesleyan

200-YD BACKSTROKE

^ 2:04.04 Kate Coker, KEN
 ^ 2:04.25 Tina Ertel, KEN
 2:07.17 Emily Jacobssen, KEN

100-YD BREASTSTROKE

^ 1:04.95 Ksenia Golovkina, DEN
 ^ 1:05.06 Tracy Menzel, KEN
 1:06.75 Allison Johnson, KEN

200-YD BREASTSTROKE

2:23.22 Ksenia Golovkina, DEN
 2:24.03 Tracy Menzel, KEN
 2:24.90 Kathy Faingold, DEN

ONE-METER DIVING

366.05 Samantha Salas, DEN
 337.35 Glenna Kramer, ALL
 311.25 Megan Shubitowski, WIT

THREE-METER DIVING

371.65 Samantha Salas, DEN
 368.75 Glenna Kramer, ALL
 291.75 Christine Martin, OBE

200-YD FREESTYLE RELAY

^ 1:35.53 DENISON
 1:36.16 KENYON
 1:38.45 ALLEGHENY

400-YD FREESTYLE RELAY

^ 3:29.18 KENYON
 ^ 3:29.35 DENISON
 3:38.15 ALLEGHENY

800-YD FREESTYLE RELAY

*^ 7:34.80 KENYON
 7:43.80 DENISON
 7:57.12 WITTENBERG

200-YD MEDLEY RELAY

^ 1:45.91 DENISON
 ^ 1:46.50 KENYON
 1:50.42 ALLEGHENY

400-YD MEDLEY RELAY

^ 3:52.37 DENISON
 3:54.20 KENYON
 4:02.66 ALLEGHENY

FINAL TEAM STANDINGS

| | | |
|----|---------------|--------|
| 1. | KENYON | 1630.0 |
| 2. | DENISON | 1615.0 |
| 3. | WOOSTER | 886.5 |
| 4. | ALLEGHENY | 835.5 |
| 5. | OBERLIN | 659.0 |
| 6. | WITTENBERG | 624.0 |
| 7. | OHIO WESLEYAN | 555.0 |
| 8. | HIRAM | 489.0 |

* NCAC Record ^ NCAA III Automatic Qualifying Time