

1996 ALL-NCAC WOMEN'S CROSS COUNTRY

CLEVELAND -- The following performers earned All-North Coast Athletic Conference honors at the 1996 NCAC Cross Country Championships on Saturday, Oct. 26, at Denison University.

FIRST TEAM

Name	School	Yr.	PL	TIME	Hometown/High School
Shannon Fox*%&	Oberlin	Sr.	1	18:49.5	North Palm Beach, FL/Newman
Gretchen Baker*%	Kenyon	Sr.	2	18:59.4	Macomb, IL/Macomb
Keri Schulte*%@	Kenyon	Sr.	3	19:04.9	St. Cloud, MN/Technical
Michelle Poole†	Wooster	Sr.	4	19:17.4	Fairport, NY/Fairport
Beth Huffman	Wooster	So.	5	19:28.5	Rocky River, OH/Rocky River
Tracy Lemonovich	CWRU	Jr.	6	19:31.2	Mentor, OH/Mentor
Ellen Freeman#	Wooster	Sr.	7	19:34.5	Lebanon, OH/Lebanon

Runner of the Year: Shannon Fox, Oberlin

Newcomer of the Year: Rebecca Grossman, Oberlin

Coach of the Year: Dennis Rice, Wooster

SECOND TEAM

Name	School	Yr.	PL	TIME	Hometown/High School
Rebecca Grossman	Oberlin	Fr.	8	19:35.0	Evanston, IL/Evanston Township
Emily Gorka*	Wooster	So.	9	19:42.4	Madison, OH/Lake Catholic
Annick Shen#	Kenyon	Sr.	10	19:50.4	Rancho Palos Verdes, CA/Choate (CT)
Tanetta Andersson	CWRU	Sr.	11	19:52.7	Chagrin Falls, OH/Kenston
Julie Heck*	Wooster	Sr.	12	19:55.3	Madison, OH/Madison
Tracy Raymond#	Ohio Wesleyan	So.	13	20:00.1	Rockford, MI/Rockford
Jenny Long	CWRU	So.	14	20:03.4	Arlington Hts., IL/Rolling Meadows

HONORABLE MENTION

Name	School	Yr.	PL	TIME	Hometown/High School
Alana McQueen	Denison	Fr.	15	20:05.8	Ann Arbor, MI/Huron
Gelsey Lynn	Kenyon	Fr.	16	20:08.4	Mount Pleasant, PA/Mount Pleasant
Kristen Bardou#	Denison	So.	17	20:12.9	Rocky River, OH/Rocky River
Laura Shults	Kenyon	Fr.	18	20:13.4	Hornell, NY/Hornell
Juli Janisch	Earlham	Jr.	19	20:15.3	Silver Creek, NY/Central
Carmen Brabham	CWRU	Fr.	20	20:15.7	Pataskala, OH/Watkins Memorial
Paige Stone	Kenyon	So.	21	20:19.7	Toledo, OH/St. Ursula

Key: *1st team 1995; #2nd team 1995; %1st team 1994; †2nd team 1994; @1st team 1993; &2nd team 1993