



**DENNIS M. COLLINS**  
Executive Director

P.O. Box 16679  
Cleveland, OH 44116  
Phone (440) 871-8100  
Fax (440) 871-4221  
ncac@northcoast.org  
www.northcoast.org

ALLEGHENY COLLEGE ★ DENISON UNIVERSITY ★ EARLHAM COLLEGE ★ HIRAM COLLEGE ★ KENYON COLLEGE ★ OBERLIN COLLEGE  
★ OHIO WESLEYAN UNIVERSITY ★ WABASH COLLEGE ★ WITTENBERG UNIVERSITY ★ COLLEGE OF WOOSTER

**NCAC Women's Indoor Track & Field Championships**  
**ALLEGHENY WINS SEVENTH NORTH COAST TITLE;**  
**COLLINS, MUSBACH, SHAFFER NAMED MVPs**

**For Immediate Release**  
**March 7, 2005**

**GRANVILLE, Ohio** -- Allegheny won two events and added 10 more top-three finishes to claim the team title at the 2005 North Coast Athletic Conference Women's Indoor Track & Field Championships, which were held March 4-5 at Denison's Mitchell Recreation and Athletics Center. The Gators won first NCAC title since 2002 and their league-leading seventh overall.

Allegheny totaled 134 points to outdistance runner-up Denison by 19 points and to improve from last winter's third-place finish. The second-place Big Red won two events and had eight other top-three finishes. Ohio Wesleyan was third with 102.5 points, followed by Earlham (57) in fourth and Hiram (55.5) in fifth. Oberlin (55), Wittenberg (48.5), Kenyon (30) and Wooster (25.5) took places six through nine.

Individually, the Gators were led with a first-place finish from senior **Leah Shouey (Franklin, PA/Franklin Area)**, who set NCAC Indoor Championship and Denison facility records with her victory in the 1500-meter run (4:41.15). The time also met the NCAA provisional qualifying standard. She completed her weekend with a second-place finish in the 800-meter run (2:20.97). Allegheny's other win came from the distance medley relay team of junior **Megan McShea (Murrysville, PA/Franklin Regional)**, freshman **Liz Straus (Kirtland, OH/Kirtland)**, freshman **Lydia Clark (Bergenfield, NJ/Bergenfield)** and freshman **Eva Weyers (Delanson, NY/Duanesburg)** who finished in a time of 13:08.35 to hold off Wooster and Denison, as the top three teams all finished within a second and a half of each other.

Denison's **Christine Collins (Chagrin Falls, OH/Chagrin Falls)** won the 5000-meter run with an NCAA provisional qualifying time of 17:53.88 and also finished first in the 3000-meter run (10:26.52) and sixth in the 1500-meter run on her way to being named the Outstanding Middle/Distance Runner of the Year. Ohio Wesleyan senior **Jen Musbach (North Olmsted, OH/North Olmsted)** was named the Outstanding Field Athlete of the Year as she tied for first place in the high jump at 5' 2", then won a jump-off by clearing 5' 5-3/4", surpassing the NCAA provisional qualifying standard. She also placed fifth in the triple jump and the pole vault and seventh in the long jump. Ohio Wesleyan freshman **Ashley Shaffer (Lancaster, OH/Lancaster)** won the 200- and 400-meter dashes in respective times of :26.91 and :59.28 and also tied for first place in the high jump by clearing 5' 2" to earn Outstanding Sprints/Hurdles Runner of the Year honors. She placed third in the triple jump and was a member of the second place 1600-meter relay team. Allegheny's **Bill Ross** was named NCAC Coach of the Year for the third time.

**NORTH COAST ATHLETIC CONFERENCE**  
**2005 Women's Indoor Track & Field Championships**

<b>Team</b>	<b>Points</b>
1. Allegheny College .....	134.0
2. Denison University .....	115.0
3. Ohio Wesleyan University .....	102.5
4. Earlham College .....	57.0
5. Hiram College .....	55.5
6. Oberlin College .....	55.0
7. Wittenberg University .....	48.5
8. Kenyon College .....	30.0
9. College of Wooster .....	25.5

**NORTH COAST ATHLETIC CONFERENCE**  
**2005 Women's Indoor Track & Field Championships**  
**Friday-Saturday, March 4-5 • Granville, Ohio**

**LONG JUMP**

16' 10" Katie Walker, KEN  
16' 6-1/2" Nikki Bailey, WIT  
15' 10" Julie Feather-Faber, HIR

**SHOT PUT**

41' 9-3/4" Liz Newell, OWU  
37' 0" Liz Early, ALL  
36' 2" Krystal Baldwin, ALL

**HIGH JUMP**

5' 2" Jen Musbach, OWU  
5' 2" Ashley Shaffer, OWU  
5' 1" Alexis Mioducki, ALL  
5' 1" Michelle Kyle, WIT

**TRIPLE JUMP**

36' 4-3/4" Nikki Bailey, WIT  
34' 11-1/2" Catonya Black, ERL  
34' 3-3/4" Ashley Shaffer, OWU

**POLE VAULT**

10' 4" Jill Berner, WOO  
10' 0" Katy Cameron, KEN  
9' 8" Kim Murley, DEN  
9' 8" Sarah Sammel, ALL

**5000-METER RUN**

17:53.88 # Christine Collins, DEN  
17:57.08 Lindsey Shouey, ALL  
18:10.50 Leigh Ciofani, ALL

**800-METER RELAY**

1:49.21 HIRAM  
[Kirtley-Sturdivant-Hutchison-Alger]  
1:49.73 DENISON  
[Matthews-Castro-Jaquette-West]  
1:49.91 EARLHAM  
[Bohall-Howell-Black-Johnson]

**1500-METER RUN**

4:41.15 #NM Leah Shouey, ALL  
4:42.56 # Scarlett Graham, ALL  
4:46.04 Kim Murley, DEN

**MVP TRACK (SPRINTS/HURDLES)**

Ashley Shaffer, Ohio Wesleyan

**MVP TRACK (MID DISTANCE/DISTANCE)**

Christine Collins, Denison

**MVP FIELD**

Jen Musbach, Ohio Wesleyan

**COACH OF THE YEAR**

Bill Ross, Allegheny

**55-METER HURDLES**

8.74 Sara Bohall, ERL  
8.74 Brie Jaquette, DEN  
8.78 Leslie Bosworth, OBE

**400-METER RUN**

59.28 Ashley Shaffer, OWU  
1:00.76 Kristen Matthews, DEN  
1:01.10 Gwen Alger, HIR

**55-METER DASH**

7.46 Nikki Bailey, WIT  
7.58 Tashi Johnson, ERL  
7.61 Jasmine Kirtley, HIR

**800-METER RUN**

2:20.66 Shannon Morris, OBE  
2:20.97 Leah Shouey, ALL  
2:21.96 Kim Murley, DEN

**200-METER DASH**

26.91 Ashley Shaffer, OWU  
27.00 Katy Cameron, KEN  
27.07 Tashi Johnson, HIR

**3000-METER RUN**

10:26.52 Christine Collins, DEN  
10:33.09 Leigh Ciofani, ALL  
10:33.31 Scarlett Graham, ALL

**DISTANCE MEDLEY RELAY**

12:41.52 ALLEGHENY  
[McShea-Strauss-Clark-Weyers]  
13:04.86 WOOSTER  
[Calderone-Bierlein-White-Wieferich]  
13:08.17 DENISON  
[Albrecht-Alexander-Davidson-Dallas]

**1600-METER RELAY**

4:10.45 OBERLIN  
[Bosworth-Krichels-Morris-Collins]  
4:11.37 OHIO WESLEYAN  
[Hardnen-Burton-Fellure-Shaffer]  
4:12.47 DENISON  
[Alexander-Stowers-Hopf-Matthews]

**TEAM STANDINGS**

1. ALLEGHENY	134.0
2. DENISON	115.0
3. OHIO WESLEYAN	102.5
4. EARLHAM	57.0
5. HIRAM	55.5
6. OBERLIN	55.0
7. WITTENBERG	48.5
8. KENYON	30.0
9. WOOSTER	25.5

*N NCAC Record      M Mitchell Field House Record*

*# NCAA Provisional Qualifier*