

**NORTH COAST ATHLETIC CONFERENCE
2000 Women's Outdoor Track & Field Championships
Ohio Wesleyan University • May 5-6**

100-METER DASH

12.77 Courtney Stackhouse, OBE
13.04 Becky Rittenhouse, ALL
13.25 Nzinga Broussard, OBE

100-METER HURDLES

15.96 Apryl Wynn, OBE
16.03 Katie Castille, DEN
16.18 Leigh Hutchison, WOO

200-METER DASH

25.62 % Courtney Stackhouse, OBE
26.17 Nzinga Broussard, OBE
26.29 Becky Rittenhouse, ALL

400-METER DASH

58.08 Jennifer McGuire, ALL
58.72 Allison Nickel, DEN
59.17 Jill Westerfield, DEN

400-METER HURDLES

1:05.36 Andrea Clason, OWU
1:05.42 Carolyn Sikora, ALL
1:06.67 Emily Hillard, WITT

800-METER RUN

2:17.82 Stephanie Moss, OWU
2:18.89 Laura Shults, KEN
2:19.53 Sarah Weide, WITT

1500-METER RUN

4:49.98 Laura Shults, KEN
4:53.38 Sarah Weide, WITT
4:55.55 Holly Schmitt, DEN

3000-METER STEEPLECHASE

12:00.08 % Abi Gerstle, WITT
12:00.11 Mary Beth Curren, DEN
12:00.46 Michelle Shipman, DEN

5000-METER RUN

19:02.08 Shannan Rieder, EARL
19:18.30 Lori Tuchfeld, OBE
19:19.13 Nicole Morandi, ALL

10,000-METER RUN

39:53.54 Shannan Rieder, EARL
40:32.31 Nicole Morandi, ALL
41:04.88 Rachel Dawson, WOO

MVP TRACK (SPRINTS)

Courtney Stackhouse, Oberlin

MVP TRACK (MID DISTANCE/DISTANCE)

Shannan Rieder, EARL

MVP FIELD

Emily Enderle, WITT

COACH OF THE YEAR

Bill Ross, Allegheny

% NCAC Record

@ NCAA Provisional Qualifier

NCAA Automatic Qualifier

400-METER RELAY

49.44 ALLEGHENY
50.01 DENISON
50.82 OHIO WESLEYAN

1600-METER RELAY

3:59.15 % DENISON
4:01.77 OHIO WESLEYAN
4:04.14 ALLEGHENY

LONG JUMP

17' 8" Justina Williams, WOO
17' 2" Apryl Wynn, OBE
16' 10.5" Katie Castille, DEN

TRIPLE JUMP

35' 9" Apryl Wynn, OBE
35' 8.75" Justina Williams, WOO
35' 7.5" Shannon Orr, ALL

HIGH JUMP

5' 4.5" Emmalisa Brown, HIR
5' 4.5" Katherine Krulia, DEN
5' 1.25" Emily Enderle, WITT

POLE VAULT

9' 6.25" @ Jennifer Surace, ALL
9' 2.25" Amy Stafford, OWU
8' 10.25" Emily Gerstle, DEN

SHOT PUT

40' 4" Donielle Albrecht, OWU
37' 2" Becky Osborne, OWU
36' 2.75" Janelle Myers, OWU

DISCUS

119' Katie Walker, WOO
118' 10" Julia Kregenow, WITT
118' 1" Jaimi Timmons, WITT

JAVELIN

128' 6" @ Emily Enderle, WITT
125' 5" Janelle Myers, OWU
115' 8" Meghan Radkowski, ALL

HEPTATHLON

3,814 Andrea Clason, OWU
3,753 Anna Ruth, OBE
3,702 Kerri Horst, WOO

TEAM RESULTS

1.	ALLEGHENY	147.5
2.	OHIO WESLEYAN	118.5
3.	DENISON	114.5
4.	OBERLIN	103.5
5.	WOOSTER	99.5
6.	WITTENBERG	97
7.	KENYON	42.5
8.	EARLHAM	35
9.	HIRAM	19