

**NORTH COAST ATHLETIC CONFERENCE**  
**1994 Women's Outdoor Track & Field Championships**  
**Case Western Reserve University • May 6-7**

**DISCUS**

121' 10" Lara Singer, EARL  
 120' 6" Ebony Green, WOO  
 119' 11" Sheila Gisbrecht, OWU

**HIGH JUMP**

5' 4" Leslie Kindling, CWRU  
 5' 2" Brittany Affolter, WITT  
 5' 0" Joanna Garcia, OWU

**JAVELIN**

124' 4" Susan McQuiston, ALL  
 118' 6" Jennifer Eddy, ALL  
 114' 10" Leslie Kindling, CWRU

**LONG JUMP**

18' 4-3/4"\*† Leslie Kindling, CWRU  
 17' 1-3/4" Joan McKenney, ALL  
 17' 1" Jody Mathews, ALL

**SHOT PUT**

40' 11-1/2"† Sheila Gisbrecht, OWU  
 37' 3-3/4" Liz Anderson, DEN  
 37' 3-1/4" Sherri Norris, WITT

**TRIPLE JUMP**

36' 1" Leslie Kindling, CWRU  
 35' 1" Julie Lenarz, ALL  
 34' 5" Megan Whiteside, DEN

**10,000-METER RUN**

36:16.01\* Tina Chase, ALL  
 39:11.23 Serena Fraser, ALL  
 40:05.21 Andrea Park, CWRU

**400-METER RELAY**

50.09 ALLEGHENY  
 50.35 WITTENBERG  
 50.43 OHIO WESLEYAN

**3000-METER RUN**

10:16.30\*† Tina Chase, ALL  
 10:20.12† Cindy Geiss, OWU  
 10:33.13 Tiffany Harris, EARL

**MOST VALUABLE FIELD PERFORMER**

Leslie Kindling, CWRU

**MOST VALUABLE TRACK PERFORMER**

Tina Chase, Allegheny

**COACH OF THE YEAR**

Ralph White, Allegheny

\*NCAC Record

†NCAA Qualifier

**1500-METER RUN**

4:44.65† Emily Moorefield, WOO  
 4:48.41 Marcy Hunt, WOO  
 4:49.92 Nancy Moon, CWRU

**100-METER HIGH HURDLES**

15.48 Carrie Headrick, Wooster  
 16.00 Melia Arnold, Wooster  
 16.39 Jackie Hoover, ALL

**400-METER DASH**

59.05 Claire Roberts, WOO  
 59.15 Chris Wright, OWU  
 59.64 Laura Moeller, ALL

**100-METER DASH**

12.57† Lori Lyle, WITT  
 13.16 Debbie Lowden, CWRU  
 13.24 Jody Mathews, ALL

**800-METER RUN**

2:18.50 Emily Moorefield, WOO  
 2:20.82 Taira DeFazio, ALL  
 2:21.37 Sandy Clark, WOO

**400-METER INTERMEDIATE HURDLES**

1:05.8 Laura Moeller, ALL  
 1:07.3 Carrie Headrick, WOO  
 1:08.5 Jen Bruny, CWRU

**200-METER DASH**

26.27 Lori Lyle, WITT  
 26.42 Chris Wright, OWU  
 27.12 Claire Roberts, WOO

**5000-METER RUN**

18:11.86 Tina Chase, ALL  
 18:29.79 Marcy Hunt, WOO  
 18:34.84 Cindy Geiss, OWU

**1600-METER RELAY**

4:09.63 WOOSTER  
 4:11.17 ALLEGHENY  
 4:16.17 OHIO WESLEYAN

**TEAM RESULTS**

1. ALLEGHENY	164
2. WOOSTER	119
3. CWRU	90
4. OHIO WESLEYAN	81
5. WITTENBERG	48
6. DENISON	27
7. EARLHAM	20
8. KENYON	7
9. OBERLIN	4