

**NORTH COAST ATHLETIC CONFERENCE**  
**1999 Women's Outdoor Track & Field Championships**  
**Ohio Wesleyan University • Apr. 30-May 1**

**100-METER DASH**

12.58 Nzinga Broussard, OBE  
 12.76 Ayobami Bell, OWU  
 12.88 Sherry Stanley, CWRU

**100-METER HURDLES**

15.30 Amie Ely, OBE  
 15.47 Katie Castille, DEN  
 16.21 Katie Varda, KEN

**200-METER DASH**

25.63 @ Nzinga Broussard, OBE  
 26.10 Jill Westerfeld, DEN  
 26.12 Ayobami Bell, OWU

**400-METER DASH**

57.64 @ # Jill Westerfeld, DEN  
 59.03 Jennifer McGuire, ALL  
 1:00.60 Elizabeth Chandler, OBE

**400-METER HURDLES**

1:04.41 # Amie Ely, OBE  
 1:07.25 Lydia Kruse, WOO  
 1:07.78 Carolyn Sikora, ALL

**800-METER RUN**

2:15.62 @# Amy Schuckert, ALL  
 2:15.95 # Stephanie Moss, OWU  
 2:16.95 Laura Shults, KEN

**1500-METER RUN**

4:49.42 Amy Schuckert, ALL  
 4:50.16 Beth Huffman, WOO  
 4:53.42 Holly Schmitt, DEN

**3000-METER STEEPLECHASE**

11:48.37 @ Christine Breiner, KEN  
 11:52.57 Vanessa Crossgrove, WITT  
 12:04.76 Mary Beth Curren, DEN

**5000-METER RUN**

18:28.63 Shannan Rieder, EARL  
 18:48.00 Molly Sharp, KEN  
 19:02.41 Beth Smith, EARL

**10,000-METER RUN**

38:31.54 Shannan Rieder, EARL  
 38:57.56 Molly Sharp, KEN  
 39:10.19 Emily Gorka, WOO

**MVP TRACK (SPRINTS)**

Nzinga Broussard, Oberlin

**MVP TRACK (MID DISTANCE/DISTANCE)**

Amy Schuckert, Allegheny

**MVP FIELD**

Amie Ely, Oberlin

**COACH OF THE YEAR**

Bill Ross, Allegheny

@ NCAC Record

# NCAA Provisional Qualifier

% NCAA Automatic Qualifier

**400-METER RELAY**

49.46 OBERLIN  
 50.30 DENISON  
 51.48 OHIO WESLEYAN

**1600-METER RELAY**

4:03.23 OBERLIN  
 4:05.23 ALLEGHENY  
 4:06.50 WITTENBERG

**LONG JUMP**

16' 6-1/2" Amie Ely, OBE  
 15' 8-1/4" Shannon Orr, ALL  
 15' 8" Donna Donnely, ALL

**TRIPLE JUMP**

35' 6" Donna Donnely, ALL  
 34' 2-1/2" Maraleen Shields, KEN  
 33' 11" Shannon Orr, ALL

**HIGH JUMP**

5' 5" # Katie Varda, KEN  
 5' 1-1/2" Kristen Love, DEN  
 5' 1-1/2" Lydia Toth, CWRU

**POLE VAULT**

9' 6" Megan Tarr, DEN  
 8' 10" Amy Stafford, OWU  
 8' 6" Tammy Jolly, ALL

**SHOT PUT**

40' 5" Tracy Wilkes, WOO  
 39' 1" Deidtra Reid, WOO  
 38' 11-1/2" Donielle Albrecht, OWU

**DISCUS**

123' 6" Jaime Timmons, WITT  
 121' 6" Julia Kregenow, WITT  
 120' 8" Donielle Albrecht, OWU

**JAVELIN**

119' 6" # Colleen Holman, WITT  
 114' 7" Janelle Myers, OWU  
 113' 9" Meghan Radkowski, ALL

**HEPTATHLON**

4,387 @ % Amie Ely, OBE  
 4,084 # Katie Varda, KEN  
 3,513 Kerri Horst, WOO

**TEAM RESULTS**

1. ALLEGHENY	126
2. DENISON	117.75
3. OBERLIN	101.75
4. OHIO WESLEYAN	99
5. WOOSTER	94.75
6. KENYON	90.75
7. WITTENBERG	85
8. EARLHAM	39
9. CWRU	26