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ALLEGHENY COLLEGE ★ DENISON UNIVERSITY ★ EARLHAM COLLEGE ★ HIRAM COLLEGE ★ KENYON COLLEGE ★ OBERLIN COLLEGE  
★ OHIO WESLEYAN UNIVERSITY ★ WABASH COLLEGE ★ WITTENBERG UNIVERSITY ★ COLLEGE OF WOOSTER

2007 NCAC Men's and Women's Swimming & Diving Championships  
KENYON LORDS AND LADIES CLAIM NCAC CHAMPIONSHIPS;  
DENISON MEN AND WOMEN FINISH SECOND

For Immediate Release  
February 11, 2007

CANTON, Ohio – The Kenyon College Lords and Ladies successfully defended their respective team titles at the North Coast Athletic Conference Swimming & Diving Championships, hosted by Wabash at C.T. Branin Natatorium, February 8-10.

The Lords, who now own 22 of 23 NCAC titles, won 12 of 20 events to total 1,643 points to best second-place Denison. The Big Red won eight events to enroute to 1,514 points. Wabash placed third for the six time in eight years with 998 points, the second highest total in Little Giant history. Wooster placed fourth with 808 points, followed by Wittenberg (786.5), Allegheny (635), Ohio Wesleyan (381), Hiram (321) and Oberlin (285.5) in positions five through nine, respectively.

The Ladies, who also have 22 crowns, won 12 of 20 events to total 1,636.5 points to top second-place Denison. The Big Red women recorded six first-place finishes on the way to 1,555.5 points and their 22nd second-place finish. Wittenberg placed third with 847.5 points; Allegheny compiled 800 points to place fourth, followed by Wooster (739.5), Ohio Wesleyan (518), Oberlin (497) and Hiram (496) in positions five through eight, respectively.

Kenyon freshman **Tina Ertel (Halle, Germany/Sportgymnasium Halle)** was voted the Female Swimmer of the Year after winning all seven of her events at the championships. Individually, she collected wins in the 200 individual medley (2:07.46), the 100 butterfly (56.33) and the 100 freestyle (51.47). Her time in the 100 fly established a new NCAC record, and also qualified her for the upcoming NCAA Division III Championships in Houston. Additionally, she qualified for the national meet in the 100 free. She also swam on four winning relays.

Lords' junior **Josh Mitchell (Iron Mountain, MI/Kingsford)** was tabbed the Male Swimmer of the Year after posting individual victories in the 50 free (20.79), 100 backstroke (51.40) and the 100 free (45.94). He was a part of six victories for the Kenyon men, as he also swam on three winning relays.

Wittenberg junior **Courtney Roth (Gurnee, IL/Lake Forest)** swept both diving events to repeat as the Female Diver of the Year. Denison junior **Stephen Julka (Madison, WI/James Madison Memorial)** also took both diving events to earn Male Diver of the Year honors for the third consecutive year. He surpassed the NCAA automatic qualifying standard with his 443.90 total on the 3-meter board.

Allegheny's **Tom Erdos** and Kenyon's **Jim Steen** were voted Co-Women's Swimming Coaches of the Year by their peers. Erdos earns the honor for the third time, while Steen earns his eighth award. Steen was also voted Men's Swimming Coach of the Year - the fourth time he has been honored for his efforts with the men's squad. Ohio Wesleyan's **Brian Book** was named Women's Diving Coach of the Year. The award is his first. Denison's **Stephen Ritter** was named Men's Diving Coach of the Year for the second straight year after his divers placed first and second on the 1-meter board and first and third on the 3-meter board.

- NCAC -

**NORTH COAST ATHLETIC CONFERENCE  
2007 Swimming & Diving Championships Final Standings**

**MEN'S TEAM RESULTS**

| <u>Team</u>                 | <u>Points</u> |
|-----------------------------|---------------|
| 1. Kenyon College           | 1,643.0       |
| 2. Denison University       | 1,514.0       |
| 3. Wabash College           | 998.0         |
| 4. College of Wooster       | 808.0         |
| 5. Wittenberg University    | 786.5         |
| 6. Allegheny College        | 635.0         |
| 7. Ohio Wesleyan University | 381.0         |
| 8. Hiram College            | 321.0         |
| 9. Oberlin College          | 285.5         |

**WOMEN'S TEAM RESULTS**

| <u>Team</u>                 | <u>Points</u> |
|-----------------------------|---------------|
| 1. Kenyon College           | 1,636.5       |
| 2. Denison College          | 1,555.5       |
| 3. Wittenberg University    | 847.5         |
| 4. Allegheny College        | 800.0         |
| 5. College of Wooster       | 739.5         |
| 6. Ohio Wesleyan University | 518.0         |
| 7. Oberlin College          | 497.0         |
| 8. Hiram College            | 496.0         |

**NORTH COAST ATHLETIC CONFERENCE**  
**2007 Women's Swimming & Diving Championships**  
**Thursday-Saturday, Feb. 8-10 • Canton, Ohio**

**50-YD FREESTYLE**

24.01 Elizabeth Carleton, KEN  
 24.25 Liv Zaleski, DEN  
 24.26 Jessica Wise, KEN

**100-YD FREESTYLE**

51.47<sup>^</sup> Tina Ertel, KEN  
 52.51 Liv Zaleski, DEN  
 53.01 Kristen Hohl, DEN

**200-YD FREESTYLE**

1:54.53 Annamarie Novinger, DEN  
 1:55.56 Rebecca Allison, KEN  
 1:55.89 Adeline Brym, WIT

**500-YD FREESTYLE**

5:03.40 Rebecca Allison, KEN  
 5:06.69 Jenny Cunningham, DEN  
 5:06.79 Catherine Eastman, DEN

**1650-YD FREESTYLE**

17:17.86<sup>^</sup> Catherine Eastman, DEN  
 17:20.22<sup>^</sup> Rebecca Allison, KEN  
 17:56.40 Jenny Cunningham, DEN

**200-YD INDIVIDUAL MEDLEY**

2:07.46 Tina Ertel, KEN  
 2:09.14 Ginny Walsh, DEN  
 2:10.07 Marissa Misslin, KEN

**400-YD INDIVIDUAL MEDLEY**

4:33.98 Ginny Walsh, DEN  
 4:38.12 Adrienne Amador, KEN  
 4:38.16 Marissa Mislin, KEN

**100-YD BUTTERFLY**

56.33<sup>\*^</sup> Tina Ertel, KEN  
 57.09<sup>^</sup> Mary Catherine Dain, DEN  
 57.22<sup>^</sup> Liv Zaleski, DEN

**200-YD BUTTERFLY**

2:06.77<sup>^</sup> Christine Wissink, DEN  
 2:08.70 Mary Catherine Dain, DEN  
 2:09.47 Adrienne Amador, KEN

**100-YD BACKSTROKE**

58.53 Carolyn Barer, KEN  
 58.79 Anna Comella, DEN  
 58.82 Meg Cassell, DEN

**SWIMMER OF THE YEAR**

Tina Ertel, Kenyon

**DIVER OF THE YEAR**

Courtney Roth, Wittenberg

**SWIM COACH OF THE YEAR**

Tom Erdos, ALL & Jim Steen, KEN

**DIVING COACH OF THE YEAR**

Brian Book, OWU

**200-YD BACKSTROKE**

2:05.95 Carolyn Barer, KEN  
 2:07.11 Meg Cassell, DEN  
 2:08.09 Kate Coker, KEN

**100-YD BREASTSTROKE**

1:05.50 Jessica Connors, KEN  
 1:06.32 Kathy Faingold, DEN  
 1:06.35 Erin Ham, ALL

**200-YD BREASTSTROKE**

2:22.57 Jessica Connors, KEN  
 2:24.62 Kathy Faingold, DEN  
 2:26.60 Diana Spahlinger, KEN

**ONE-METER DIVING**

350.40 Courtney Roth, WIT  
 337.25 Katie Donnan, OWU  
 326.55 Glenna Kramer, ALL

**THREE-METER DIVING**

331.95 Courtney Roth, WIT  
 310.55 Julie Pinzur, WOO  
 299.15 Caitlin McNulty, WOO

**200-YD FREESTYLE RELAY**

1:35.45<sup>^</sup> KENYON  
 1:36.31 DENISON  
 1:39.25 WITTENBERG

**400-YD FREESTYLE RELAY**

3:29.92<sup>^</sup> KENYON  
 3:30.93 DENISON  
 3:36.88 WITTENBERG

**800-YD FREESTYLE RELAY**

7:40.26<sup>^</sup> DENISON  
 7:43.19 KENYON  
 7:53.27 WITTENBERG

**200-YD MEDLEY RELAY**

1:45.80<sup>\*^</sup> KENYON  
 1:46.72<sup>^</sup> DENISON  
 1:51.48 ALLEGHENY

**400-YD MEDLEY RELAY**

3:53.63<sup>^</sup> DENISON  
 3:53.63<sup>^</sup> KENYON  
 4:03.70 ALLEGHENY

**FINAL TEAM STANDINGS**

|    |               |        |
|----|---------------|--------|
| 1. | KENYON        | 1636.5 |
| 2. | DENISON       | 1555.5 |
| 3. | WITTENBERG    | 847.5  |
| 4. | ALLEGHENY     | 800.0  |
| 5. | WOOSTER       | 739.5  |
| 6. | OHIO WESLEYAN | 518.0  |
| 7. | OBERLIN       | 497.0  |
| 8. | HIRAM         | 496.0  |

\* NCAC Record

<sup>^</sup> NCAA III Automatic Qualifying Time