

NORTH COAST ATHLETIC CONFERENCE
1996 Women's Swimming & Diving Championships
Thursday-Saturday, Feb. 15-17 • Oberlin, Ohio

50-YD FREESTYLE

% 24.43 Mer Stawiski, KEN
 % 24.56 Kelly Lotts, DEN
 % 24.58 Katie Varda, KEN

100-YD FREESTYLE

% 53.97 Sarah Buntzman, KEN
 % 53.99 Mer Stawiski, KEN
 % 54.19 Jaime Ruffennach, ALL

200-YD FREESTYLE

% 1:55.76 Sarah Buntzman, KEN
 % 1:56.71 Debbie Luhmann, DEN
 % 1:58.15 Corey Ullman, DEN

500-YD FREESTYLE

% 5:06.24 Stephanie MacMillian, WOO
 % 5:08.31 Susan Beatty, CWRU
 % 5:09.54 Staci Bertelli, WITT

1650-YD FREESTYLE

% 17:20.60 Susan Beatty, CWRU
 % 17:24.04 Stephanie MacMillian, WOO
 % 17:47.72 Debbie Luhmann, DEN

200-YD INDIVIDUAL MEDLEY

% 2:09.80 Anna Tuttle, DEN
 % 2:12.38 Jaime Ruffennach, ALL
 % 2:13.24 Debbie King, WOO

400-YD INDIVIDUAL MEDLEY

% 4:37.85 Anna Drejer, KEN
 % 4:40.27 Susan Beatty, CWRU
 % 4:40.66 Maura Deegan, KEN

100-YD BUTTERFLY

% 59.43 Sharon Sanborn, CWRU
 % 59.76 Anna Tuttle, DEN
 % 59.94 (t) Jaime Ruffennach, ALL
 % 59.94 (t) Shelly Baker, KEN

200-YD BUTTERFLY

% 2:09.84 Anna Tuttle, DEN
 % 2:11.33 Carrie Sergi, WOO
 % 2:12.59 Anna Drejer, KEN

100-YD BACKSTROKE

% 1:00.44 Laura Marean, OWU
 % 1:00.73 Stephanie MacMillian, WOO
 1:01.84 Heather Gleason, WOO

SWIMMER OF THE YEAR

Anna Tuttle, DEN

DIVER OF THE YEAR

Liz Helstein, WOO

SWIM COACH OF THE YEAR

Gregg Parini, DEN

DIVING COACH OF THE YEAR

Rich Blough, WOO

200-YD BACKSTROKE

% 2:09.56 Shannon Connolly, KEN
 % 2:12.53 Jennifer Erdos, ALL
 % 2:12.71 Karen Babb, KEN

100-YD BREASTSTROKE

% 1:08.40 Kelly Lotts, DEN
 % 1:08.81 Laura Baker, KEN
 % 1:09.06 Ann Magdic, ALL

200-YD BREASTSTROKE

% 2:27.90 Laura Baker, KEN
 % 2:28.00 Ann Magdic, ALL
 % 2:28.28 Debbie King, WOO

ONE-METER DIVING

% 395.25 Liz Helstein, WOO
 321.85 Julia Snoddy, WOO
 310.15 Lisa Cafferata, KEN

THREE-METER DIVING

% 417.63 Liz Helstein, WOO
 366.95 Lisa Cafferata, KEN
 328.75 Abigail Kojola, KEN

200-YD FREESTYLE RELAY

% 1:37.83 KENYON
 % 1:38.28 DENISON
 1:41.36 WOOSTER

400-YD FREESTYLE RELAY

% 3:35.00 DENISON
 % 3:36.25 KENYON
 3:43.04 WOOSTER

800-YD FREESTYLE RELAY

% 7:51.64 DENISON
 % 7:58.12 KENYON
 % 7:59.46 WOOSTER

200-YD MEDLEY RELAY

% 1:49.65 DENISON
 % 1:50.29 KENYON
 % 1:52.29 WOOSTER

400-YD MEDLEY RELAY

% 4:02.24 DENISON
 % 4:02.89 KENYON
 % 4:04.32 ALLEGHENY

FINAL TEAM STANDINGS

1. KENYON 900
 2. DENISON 706.5
 3. WOOSTER 607
 4. ALLEGHENY 420.5
 5. WITTENBERG 281.5
 6. CWRU 231
 7. OHIO WESLEYAN 209.5
 8. OBERLIN 189

% NCAA Division III Qualifying Time